

RACE PROGRAM

MAMZAR, DUBAI, UAE

Be checked in at least 40 minutes before the start of the race. There is NO on the day registration.

04h30 – 05h45 Race Check-In Opens, Transition Set Up and Warm-Up

All competitors need to be checked in before 05h45 as roads leading to the Start/Finish area will be closed to ALL traffic from this time.

04h30: Race Check In opens

05h45: Race Briefing and TRANSITION CLOSES

06h00: Start – Super Sprint 13+ years Individual & Relay, Male & Female together

06h05: Start – Junior Super Sprint: Under 13 years Individual & Relay, Male & Female together

06h15: Start – Olympic Male

06h20: Start – Sprint Male

06h25: Start – Olympic Female and Sprint Female and Olympic & Sprint Relay Teams

09h00: TRANSITION OPENS

10h30: Cut off time for all distances

No Prize Giving, only Prize distribution.

08h30 Junior Super Sprint

09h00 Super Sprint

09h15 Sprint

09h30 Olympic

Please note, roads will only open at 09h00 once TRANSITION OPENS, after which you may leave the venue.

THERE IS NO BAG DROP!