

**ALL YOU NEED
TO KNOW:**



MAIN EVENT



Eat well
LIVE WELL



 **Spinneys**

ALL YOU NEED TO KNOW:



MAIN EVENT

WELCOME to the 11th edition of the Spinneys Dubai 92 Cycle Challenge, held under the auspices of the Dubai Sports Council and in partnership with Spinneys and Dubai 92.

Please read this document carefully to ensure you are prepared for the Main Event on 26 March 2021.

RACE PACK COLLECTION

All riders registered for the main event or the short course will need to collect their Race Pack before event day in line with the collection schedule below.

Race Pack Collection Details

Venue: Revolution Cycles Dubai

(Note: Revolution Cycles has moved -Follow the link for the New Store Location)

Date: Wednesday 24 and Thursday 25 March 2021

Opening Times: 12:00 – 19:00

Bring: Your Emirates ID or Passport in order to collect your race pack.

[CLICK HERE FOR NEW STORE LOCATION](#)

SAFE COLLECTION PROTOCOL

- Please try and avoid peak collection times (over lunch and after working hours) to avoid having to wait in a queue, as the number of riders allowed to enter the collection area will be limited at any one time.
- Collection on behalf of another rider will be allowed in order to reduce the footfall at the venue. If you are collecting on behalf of another rider, please bring a copy of their ID and a letter/e-mail from them giving you permission to collect on their behalf.
- Wear a mask at all times.
- Use the hand sanitizer provided before and after collection.
- Maintain a safe distance between you and other participants.

THERE WILL BE STRICTLY NO RACE PACK COLLECTION ON THE MORNING OF THE RIDE.

DUBAI



Years



ARN



RACE PACK CONTENTS

Timing Chip (if you purchased one during online registration for this event). Note: Please follow the instructions included in the packaging to activate your chip prior to race day.

Wristband which you will need to wear on event day as 'your ticket to ride' and will allow you to gain access to the start line – **SO REMEMBER TO WEAR YOUR WRISTBAND ON RACE DAY.**

Bib Number which you will need to pin to the back of your cycle jersey

Sticker Sheet – apply the stickers provided to the areas marked on the Bike Sticker, Helmet Sticker, Supporters Sticker and Bag Sticker

THE STICKER SHEET WILL INCLUDE:

Bike Sticker – apply to the seat post of your bike

Helmet Sticker – apply to the front and sides of your helmet to allow our photography team to pick up your race number

Supporters Sticker – due to increased restrictions around staging events at this time, no supporters will be allowed to access the start / finish venue.

Bag Sticker - due to increased restrictions around staging events at this time, no bag drop facility can be provided, please leave your non-race belongings in your vehicle.

lovin dubai
— لوفن دبي —

Lovin' captures the best of the world around us: what we see, do, think, eat and drink.

Lovin' presents a positive view of our city, town, country or community.

Lovin's mantra is simple:

lovin' your life

@lovindubai    





RACE DAY INFORMATION

RACE DATE: FRIDAY 26 MARCH 2021

START/FINISH
NEW VENUE

DUBAI INTERNATIONAL STADIUM,
DUBAI SPORTS CITY

RACE CATEGORY	DISTANCE	START TIME	START PEN OPENS	START PEN CLOSES
INVITATIONAL MALE	94KM	06:00	05:15AM	05:45AM
INVITATIONAL FEMALE	94KM	06:02	05:15AM	05:45AM
SPINNEYS DUBAI 92 CYCLE CHALLENGE	94KM	06:17 - 06:30*	05:15AM	06:00AM
SPINNEYS DUBAI 92 CYCLE CHALLENGE - TANDEM	94KM	06:17 - 06:30*	05:15AM	06:00AM
SHORT COURSE	62KM	07:20	06:30AM	07:20AM
SHORT COURSE - TANDEM	62KM	07:20	06:30AM	07:20AM

* The start format for the open seeded group is a self-seeded batch start, split up into 5x speed groups. These speed groups will all start within the time window between 6:17 and 6:30am. Start pens will open at 5:15am and will close at 6:00am sharp. Riders are to enter the start pen according to the average speed that they know they can hold over 94km. If you are unsure of your average speed then we request that you start in Speed Group 5. Start Pens have limited space and access will be allowed on a first come first served basis. Please see the below table as a guide to the 5 speed groups

RACE SCHEDULE

SPEED GROUP	YOUR AVE. SPEED OVER 94KM	START TIME
1	40-42KM/HR	06:17
2	37-39KM/HR	06:20
3	34-36KM/HR	06:23
4	30-33KM/HR	06:26
5	26-29KM/HR (or unknown speed)	06:29

THE START LINE FOR THE 94KM MAIN RACE CLOSES AT 6:00AM SHARP – NO RIDERS WILL BE ALLOWED TO ACCESS THE START CHUTE AFTER 6:00AM

PLEASE ALLOW FOR ENOUGH TIME ON ARRIVAL TO PASS THROUGH 2 CHECK POINTS BEFORE YOUR START TIME.

CUT-OFF TIMES

Remember the minimum average speed to complete either of the courses within the cut-off time is 26km/hr. Here are the cut-off points:

CUT-OFF POINT	CUT-OFF TIME	MAIN RACE (94KM)	SHORT COURSE (62KM)
1	7:10AM	AT 17KM	
2	7:50AM	AT 34KM	
3	8:45AM	AT 58KM	AT 25KM
4	9:15AM	AT 71KM	AT 36KM
5	9:40AM	AT 81KM	AT 48KM
6	10:30AM	AT 94KM	AT 62KM

The Finish line will close at 10:30am

TAKE A
BREAK
FROM

THE CLEATS

Step into something a little more comfortable.
Click here to find your perfect sole mate.



TIMING SYSTEM & TIMING CHIPS

To ensure timing and results are as accurate as possible, we will use Active MyLaps ProChips for the 94km Cycle Challenge. ProChips are more reliable and accurate. The technology is similar to what is used at all Grand Tours and in Formula 1 races. If you do not already own a MyLaps ProChip, you would have purchased a timing chip during registration for the event online and it will be included in your Race Pack. Please be sure to follow the instructions within your timing chip packaging to activate and attach your chip to your LEFT ankle on Race Day. Your chip will need to be activated the day before your ride. Replacement timing chips cost AED125. Classic (yellow) champion timing chip cannot be used for this ride! If you already own a MyLaps ProChip, ensure that your subscription is up-to-date and valid.



ACTIVATE YOUR CHIP BEFORE RACE DAY



GU FOR IT.

TRI-BERRY	LEMON SUBLIME	ESPRESSO LOVE
GU TRI-BERRY Naturally Flavored ENERGY GEL 450mg AMINO ACIDS 55mg SODIUM 20mg CAFFEINE 100 Calories NET WT. 1.1 oz. (32g)	GU LEMON SUBLIME Naturally Flavored ENERGY GEL 450mg AMINO ACIDS 55mg SODIUM NO CAFFEINE 100 Calories NET WT. 1.1 oz. (32g)	GU ESPRESSO LOVE Naturally Flavored ENERGY GEL 450mg AMINO ACIDS 60mg SODIUM 40mg CAFFEINE 100 Calories NET WT. 1.1 oz. (32g)

OFFICIAL NUTRITION SUPPLIER

 **Spinneys**
DUBAI 92
CYCLE CHALLENGE

COURSE MAP



Click on the image to enlarge view

MAIN EVENT ROUTE - 94KM LOOP

[CLICK HERE TO UPLOAD TO YOUR GPS DEVICE](#)



Click on the image to enlarge view

SHORT COURSE ROUTE - 62KM LOOP

[CLICK HERE TO UPLOAD TO YOUR GPS DEVICE](#)

THE VILLAGE

To ensure the safety of all riders and to keep in line with protocol under the current COVID 19 regulations, there will be NO Race Village. Riders are encouraged to arrive on time and to leave the venue as soon as you have completed your ride, collected your medal, your Spinneys Gift Bag, and caught your breath. All riders MUST wear face masks before and after the ride. There will be no spectators allowed at this ride.

RIDER ETIQUETTE

Take care when approaching slower riders. Please do not ride in bunches, keep a safe distance between you and other riders throughout the race.

Keep Right - Pass Left

Make Loud Calls - Passing Left

EQUIPMENT & SAFETY

No Headphones: During the ride, the use of any headphones is prohibited, as they limit your awareness of your surroundings.

NO Time Trial or Aero Bars: Time Trial / Aero Bars will NOT be permitted in the Spinneys Dubai 92 Cycle Challenge. These bars are NOT bunch friendly and you will not be allowed to start the race if your bike is fitted with these bars.

WATER POINTS

There will be two Monviso water stations on course. These will be located at the 58km and 81km marks for the Main Race and the 25km and 48km marks for the Short Course. Riders are however encouraged to carry enough hydration on their bike for the majority of their ride to avoid having to stop. There will be an additional Monviso water top up station at the finish area, for you to top up after your ride.



EVERY CLIMB STARTS WITH THE BOTTOMS.

Discover our range of high performance bib shorts designed for a variety of disciplines and rider levels and packed full of advanced tech and features.

Visit www.ciovita.com today to see the full range.

CIOVITA
INSPIRED TO RIDE

INSPIRED TO RIDE

EVERY SWEAT.
EVERY PAIN.
OVERCOME IT.

MECHANICAL SUPPORT

Revolution Cycles Dubai will be on-site for the start of the main event with basic mechanical support. There will be an additional two Revolution Tech Stations on course, at the 17km mark and the 58km mark for the Main Race and at the 25km mark for the Short Course. Thanks to Team Revolution!

PARKING

To Avoid Diversions and Road Closures, we suggest approaching the stadium via the E311 and taking the exit before exit 22. This will lead you straight to the parking area outside the stadium.

There is ample parking at the Dubai International Stadium parking area but please allow an extra ten minutes to get to the start area from the parking. Marshals will be guiding you.

Those who are riding the Short Course (64km) will need to arrive at the venue by 5:30am due to the planned road closures for the event surrounding the venue. For this group we ask that you remain at your vehicles until 6:30am, at which point you may proceed to enter the start area.

CLICK HERE FOR CARPARK LOCATION

DUBAI BIG 5 Priority Parking:



Priority parking will be allocated to all DUBAI BIG 5 riders. Your DUBAI BIG 5 wristband is your ticket to the allocated parking so please be sure to wear your wristband prior to arrival.

RESULTS & AWARDS

Preliminary results will be published immediately after the ride. Any queries regarding timing and results must be made within 48 hours (before 12 midday on Sunday 28 March) at which point the final results will be published.

DUBAI BIG 5 Leaderboard: The DUBAI BIG 5 Leaderboard will be calculated off participating riders' accumulative time from Build-Up Rides 1 – 3 and The Spinneys Dubai 92 Cycle Challenge, so be sure to check the DUBAI BIG 5 Leaderboard under the results tab on the event website after Sunday when results have been published as final, to see your GC. Please note, only riders who complete all 4 events will appear in the leaderboard, and only these riders will be eligible to receive the remaining DUBAI BIG 5 benefits.

GIANT

VISIT GIANT-BICYCLES.AE   / GIANTGCC

ONLINE RESULT

Online Results will be published according to the below categories and format:

AGE GROUP RECOGNITION	RESULT FORMAT ONLINE
SHORT COURSE (62KM)	
13+ YEARS	NO RESULT BY AGE CATEGORY - TIMES ARE LISTED ALPHABETICALLY
SHORT COURSE (62KM) TANDEM	
13+ YEARS MIXED	BY OVERALL TANDEM POSITION AND TIME
MAIN RACE (94KM)	
16-18 YEARS	TIME + AGE CAT POS / OVERALL POS / GEN POS / START GROUP POS
19-29 YEARS	TIME + AGE CAT POS / OVERALL POS / GEN POS / START GROUP POS
30-39 YEARS	TIME + AGE CAT POS / OVERALL POS / GEN POS / START GROUP POS
40-49 YEARS	TIME + AGE CAT POS / OVERALL POS / GEN POS / START GROUP POS
50-59 YEARS	TIME + AGE CAT POS / OVERALL POS / GEN POS / START GROUP POS
60-69 YEARS	TIME + AGE CAT POS / OVERALL POS / GEN POS / START GROUP POS
70+ YEARS	TIME + AGE CAT POS / OVERALL POS / GEN POS / START GROUP POS
94KM TANDEM 16+ YEARS MIXED	BY OVERALL TANDEM POSITION AND TIME
DUBAI BIG5 SERIES LEADERS	
16+ YEARS	FINAL DUBAI BIG5 LEADERBOARD FORMAT

AWARDS

Due to restrictions around gatherings, there will be no awards ceremony on race day, however the following awards will be handed out post event according to the below breakdown – winners will be contacted directly:

FRIDAY 26 MARCH 2021 INVITATIONAL GROUP	MEN			WOMEN		
UNDER 23 YEARS	1 ST			1 ST		
INVITATIONAL GROUP	1 ST	2 ND	3 RD	1 ST	2 ND	3 RD
DUBAI BIG5 SERIES LEADER						
16+ YEARS	1 ST	2 ND	3 RD	1 ST	2 ND	3 RD



#CARBONCORE

UAE TEAM EMIRATES

LOOK

REVOLUTION CYCLES *Dubai*

LOOK pedals are distributed by Revolution Cycles Dubai available at all leading bicycle shops.

**NO HELMET NO RIDE!
NO WRISTBAND NO RIDE!
NO RACE BIB NO RIDE!**

FAQ'S

For any other information about the Spinneys Dubai 92 Cycle Challenge main event, please be sure to read the FAQ's on our website.

CYCLECHALLENGE.AE

Thank you for joining us for this 11th edition of the Spinneys Dubai 92 Cycle Challenge, we can't wait to see you at the finish line! Enjoy the Ride!



IMPORTANT NOTICE - COVID 19 SAFETY GUIDELINES FOR SPINNEYS DUBAI 92 CYCLE CHALLENGE

The Spinneys Dubai 92 Cycle Challenge is committed to maintaining the safety of all riders under the current pandemic. We will therefore be following the below safety protocol on event day. Please read the below notice carefully and familiarize yourself with actions you should be taking to protect yourself and others around you.

Arrival: Please ensure that you follow the local authority restrictions around vehicle capacity.

Spectators: No spectators will be allowed to access the start/finish area in order to avoid group gatherings and encourage Social Distancing.

Temperature checks: Please check your temperature before your departure to the event venue. If you are displaying any of the symptoms of COVID 19, please seek immediate medical advice and do not come to the event venue. Temperature checks will be carried out on all riders accessing the start area.

Wear a Mask: It will be mandatory for all riders to wear masks before and after the ride. Please keep your mask in your pocket during the ride, and place it back on your face once you have crossed the finish line and have come to a stop after a safe distance. As a back-up, the event will provide a disposable face mask to all riders who cross the finish line, please place your mask on immediately at this point.

IF YOU ARE NOT PEDALLING YOUR BIKE YOU SHOULD BE WEARING A MASK.

Social Distancing: There will be no Finish Village at the event venue in order to adhere to social distancing protocol. Please do not gather in large groups before or after the ride. To ensure the safety of all riders, we encourage you to keep a safe distance from other riders, and to leave the area once you have completed your ride, collected your medal and Spinneys Gift Bag, and caught your breath. Whilst on the course, please avoid bunch ups where possible and maintain a safe distance from other riders.

Sanitization: Sanitizing gel will be provided at the start / finish area. Please be sure to sanitize your hands before and after your ride.

Photos: Please don't take any photos without your mask on at the event

Useful COVID 19 related links: (Click to go to site)

COVID 19 guidelines from the UAE Ministry of Health and Prevention

World Health Organisation Advice for the Public under the COVID 19 pandemic

Spinneys Dubai 92 Cycle Challenge is brought to you by



Host City

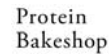
Host Federation

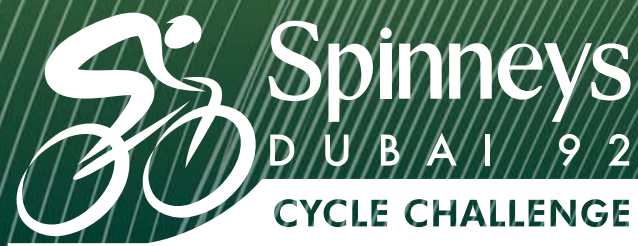


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