

Leopard canyon & Hanging Gardens hike





Destination

Leopard canyon & Hanging Gardens hike, RAK , UAE

Duration

1 day

Date

March 5th 2021

Overview

The hike got its name based on beliefs, the last Arabian leopard in UAE lived before shot. We can divide the hike into 2 sections, easier one and more difficult one, where the certain fitness level is required. As we will complete this hiking trail as a loop round hike, we would like to ensure you have some previous hiking experience and certain fitness level to be able to finish this route.

The first part is enjoyable for everyone as walking though dry wadi offers view of unique high rock walls reaching up to the sky among the route. This first part has slight elevation and you can expect rough terrain, boulder hopping and some easy rock climbing, where you can use this opportunity to bond with each other within a group by helping each other out. Within approximately 2,5 kms we reach beautiful balcony known as “hanging garden” with live plants hanging down from rock plateaus. We will hike steeper part to reach top of the hanging garden and continue our way to the vertical wall. This is the part where we work as a team to ensure, everybody will be able to climb this 3-4 m high wall all the way up. Even this part may seem scary, there is nothing to worry about and even explorers with no climbing skills can make it with help of our skilled instructor.

After this point, the scenery will slightly change from walking though closed wadi to more open areas where after few hundred meters we start our real HIKING on fairly easy, but steeper terrain to the top of the mountain until we reach summit with abounded village. We will have time to explore this

place. The view from the top is just breathtaking as you can see surrounding mountains, village we started from, wadi and sea on the horizon.

After the break, we will start our way back through old donkey trail. At this part you will start to appreciate your HIKING STICKS, knee support bandages and hiking boots with ankle support as the trail is mainly steep and consists of small rock, slippery terrain. This route brings us to the beginning of our hike.

Activities

Hiking: Track steep ascending and descending (perfect place to train for and learn to maneuver on uneven ground).

Type: Round trip of total 10 km

Physical Level

- The difficulty level of these Hikes is “intermediate”.
- No technical gear is required.
- No water involved.
- NO rope or technical skills required.
- A very good amount of fitness level is required.

Due to its steepness, it is an intermediate hiking route with some exciting challenges suitable for all levels if they meet the required fitness. We will come across some beautiful rock formations that will provide us with a good way to learn entry-climbing techniques.

Transportation

- Own transportation
- Normal car can reach the hiking start point.

ITINERARY

leaving Dubai at 5:00 AM to Reach hiking starting point at 7:00AM,
7:00 AM we start the hike from Leopard canyon across the farms of the wadi all the way to the hanging gardens, then we move upwards to the vertical wall, climb and move to the abandoned village on top where you can see the sea horizon and the village where we started from,
We take long break for snacks and pictures at 1:00 PM

We start moving down from the other side of the mountain.

We reach the cars by 3:30 PM Maximum

FYI: The total experience will take 8 and half hours maximum

Meeting point will be at <https://goo.gl/maps/aChe9Tit1FGKhgLw7>

What to Carry

HIKING GEAR LIST

Must

- Backpack (Recommended with good shoulder and waist straps).
- Power bars at least 2 (Protein, Amino Acids).
- Hiking boots (recommended with ankle support).
- Hiking poles (if you have knee problems).
- Sunscreen, hat and sunglasses.
- Minimum 3liters of water.
- Basic Aid kit (Advil, Band-Aid, antiseptic, hand sanitizer, wet wipes, etc.)

Recommended

- Trekking poles (It is recommended to use to get aquatinted with it for future and more challenging hikes. It also helps takes off some of the pressure of your shoulders and knees).
- Hiking shorts and shirts (dry-fits work)
- Hydration drinks (ELECTROLYTE DRINK, SPORTS DRINKS, HYDRATION TABLETS)
- Water Bladder (keeping your hands free as it will be some area will be required to use your both hands)
- Snacks / Fruits
- Power banks for your electronics to survive the hike

NO on hike

- JEANS
- SANDALS & Flip-flop
- Cotton

Includes

- Qualified / Experienced English-speaking guides.
- Snack (One Sandwich)
- Juice (One small flavored juice packs)
- Fruits (Two Pieces of different fruits)
- Water 2 Liters
- First Aid.

Excludes

- Travel Insurance
- Personal expenses
- Gear (Backpack, trekking pole etc.).
- Transportation

Notes

- Full payment should be made before the trip.
- All services stipulated above are subject to availability at the time of booking/reservation.

- All prices are subject to change.
- If you are a vegetarian kindly notify us 3 days in advance.
- The itinerary and schedule are subject to change due to weather, road condition and operating conditions. In any case, the guide has the RIGHT to change the program for the safety and convenience of the travelers.

Cost

- **120 AED Per person (Based on a group of 10 -20 People)**

Registration/Information/Payment

- **Contact +971-52-88-44-346**