

## **Wadi Ghub spectrum hike**





**Destination**

Wadi Ghub spectrum hike, Fujairah , UAE

**Duration**

1 day

**Date**

Feb 19<sup>th</sup> 2021

**Overview**

The petroglyphs near Taween, a village in Fujairah’s scenic Wadi Ghub, characterize one of a number of such representations within the local mountain area. They paint an ancient picture of prehistoric civilization and practices that include agriculture.

Believed to date as far back as the Iron Age, if not further into the prehistoric past, they offer insight to early societies and their environment. To reach one such example, named Hagar al Khayl – signifying the carving on a rock of a horse and its rider – it requires about an hour’s hike through Wadi Ghub’s serene mountain wilderness.

**Activities**

**Hiking:** Track steep ascending and descending (perfect place to train for and learn to maneuver on uneven ground).

**Type:** Round trip of total 10 km

## Physical Level

- The difficulty level of these Hikes is “intermediate”.
- No technical gear is required.
- No water involved.
- NO rope or technical skills required.
- A very good amount of fitness level is required.

Due to its steepness, it is an intermediate hiking route with some exciting challenges suitable for all levels if they meet the required fitness. We will come across some beautiful rock formations that will provide us with a good way to learn entry-climbing techniques.

## Transportation

- Own transportation
- Normal car can reach the hiking start point.

## ITINERARY

leaving Dubai at 5:30 AM to Reach hiking starting point at 7:30 AM,  
7:30 AM we start the hike from Wadi Ghub upwards across the farms of the wadi, and hitchhike to the starting point of the hiking trail at around kilo 1,  
The trail is going through the mountains all the way to reach the spectrum at kilo 2,  
And here you'll start to see the great views of the wadi and the hike gets a bit challenging yet still fun  
Up until the end of the wadi.

At kilo 5 exactly, we take a long break for pictures and snacks at 11:30 am maximum.

We start moving back to the starting point.

reaching our cars by 2:00 pm maximum.

FYI: The total experience will take 6 hours maximum

Meeting point will be at <https://goo.gl/maps/Xw85A9TXi9w58mmR7>

## What to Carry

### HIKING GEAR LIST

#### Must

- Backpack (Recommended with good shoulder and waist straps).
- Power bars at least 2 (Protein, Amino Acids).
- Hiking boots (recommended with ankle support).
- Hiking poles (if you have knee problems).
- Sunscreen, hat and sunglasses.
- Minimum 3liters of water.
- Basic Aid kit (Advil, Band-Aid, antiseptic, hand sanitizer, wet wipes, etc.)

**Recommended**

- Trekking poles (It is recommended to use to get aquatinted with it for future and more challenging hikes. It also helps takes off some of the pressure of your shoulders and knees).
- Hiking shorts and shirts (dry-fits work)
- Hydration drinks (ELECTROLYTE DRINK, SPORTS DRINKS, HYDRATION TABLETS)
- Water Bladder (keeping your hands free as it will be some area will be required to use your both hands)
- Snacks / Fruits
- Power banks for your electronics to survive the hike

**NO on hike**

- JEANS
- SANDALS & Flip-flop
- Cotton

**Includes**

- Qualified / Experienced English-speaking guides.
- Snack (One Sandwich)
- Juice (One small flavored juice packs)
- Fruits (Two Pieces of different fruits)
- Water 2 Liters
- First Aid.

**Excludes**

- Travel Insurance
- Personal expenses
- Gear (Backpack, trekking pole etc.).
- Transportation

**Notes**

- Full payment should be made before the trip.
- All services stipulated above are subject to availability at the time of booking/reservation.
- All prices are subject to change.
- If you are a vegetarian kindly notify us 3 days in advance.
- The itinerary and schedule are subject to change due to weather, road condition and operating conditions. In any case, the guide has the RIGHT to change the program for the safety and convenience of the travelers.

**Cost**

- **120 AED Per person (Based on a group of 10 -20 People)**

**Registration/Information/Payment**

- **Contact +971-52-88-44-346**