



# SENIOR SCHEDULE

## WOMENS TRACK

5PM	1500M
5:15PM	60 HURDLES
5:25PM	60M
5:30PM	400M
5:45PM	100M
6PM	3000M
6:15PM	200M
6:30PM	800M

## MENS TRACK

6:45PM	1500M
7PM	60 HURDLES
7:10PM	60M
7:25PM	400M
7:40PM	100M
8PM	3000M
8:15PM	200M
8:30PM	800M

## MENS FIELD

5PM	U15 LONG JUMP U17 SHOT PUT S, 35+ HIGH JUMP
5:30PM	U15 HIGH JUMP U17 LONG JUMP S, 35+ SHOT PUT
6PM	U15 SHOT PUT U17 HIGH JUMP S, 35+ LONG JUMP

## WOMENS FIELD

6:45PM	U15 LONG JUMP U17 SHOT PUT S, 35+ HIGH JUMP
7:15PM	U15 HIGH JUMP U17 LONG JUMP S, 35+ SHOT PUT
7:45PM	U15 SHOT PUT U17 HIGH JUMP S, 35+ LONG JUMP

AGE ON THE DAY OF COMPETITION.

ALL TRACK RACES WILL FOLLOW THE ORDER: U15,U17,S,35+