



## Briefing; UAE National Day Run & Walk 2nd December 2020

Please **READ** the important race information below:

As you all are aware about the pandemic situation COVID-19 impacts, there is a guideline by local authorities and being a responsible citizen which we all have to follow.

**Important:** Race Number & UAE flag will be collected on the day of the event and race number is to be worn at your front only. You only have to take care about social distance while collecting the race number.

### **We have to follow the COVID-19 Precautions:**

- Temperature will be checked while check-in on the Track
- Wearing a mask is mandatory before and after the Run/Walk
- Use hand sanitizers frequently and will be available at the start/finish area.
- At the starting line there will be floor marking to maintain social distance.
- There will be a wave start; first ladies' batch and later male batch in 5km. The distance between every row will be 2 meters and timing method will be calculated manually.
- In 5km Route there will 2 water stations and 3km route 1 water station.
- During the UAE National day 3KM Walk, please maintain the social distance on the track.
- Medals, goody bag, cap & refreshment will be given to all participants at finishing line, kindly do cooperate and maintain the social distance.
- Electronic certificate for all participants in 3K & 5K will be shared via email.
- Event photos will be shared via email link and also uploaded on face book page "Team Sports UAE" within 12 hours.
- Enough volunteer teams will be there for giving reminder to follow the instructions as well as signage
- After finishing the race, we will request you to leave the venue once you collect your medal and refreshment as gathering is not allowed as per authorities.
- 5KM winners Trophies 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> will be awarded to Male & Female
- During the race, runner could remove the mask but after reaching the finishing line he/she needs to wear the mask immediately and follow the social distancing protocol.
- In this event we will not be having bag drop off facility. Hence, kindly keep all your belongings in your car as the event team will not be responsible for any lost & found.
- It is restricted to do hand shake or hug.
- We have to follow the hygiene policy and all the used stuff (mask and gloves) is to be thrown in the bins.
- There will be 2 washrooms facility; follow the volunteer's guideline.

- There will be no registration on the day of the event. Only online registration will be accepted.
- Lastly; if someone is not feeling well or having cold/flu or temperature, kindly do not participate in the event.

**Social distance is a social responsibility. Let's act responsibly together!**

**RACE DAY SCHEDULE:**

**Event Date: 02/12/2020 on Wednesday**

**06:30 to 07:45am-** Race number distribution starts for 5km & 3km

**07h45 – 5km Run** (1 x 5km lap)

**08h00 - 3km UAE National Day Walk** (1 x 3km lap)

**08h45** - Race finishes for all distances.

**09:00** - Prize given to 5km winners Male & Female

**General Information:**

Free Parking is available just few meters away from the starting line and there is open ground free parking close to the roundabout.

**Venue Location:**

<https://goo.gl/maps/cLoZJT64m8HQ46Fd7>

Running track will be controlled by the volunteer team

**5KM Runners:** Please run ONLY on the Right-hand side of the track as Returning runners need room to pass safely on your left (their right)

Ambulance and medical staff will be available. In the case of any injury, trouble or some emergency, please inform the closest road marshal to call for assistance.

**Disqualification Rules for 5km.**

Do not cross all of the points for their registered category as volunteer team will be monitoring and any drafting or shortcut is not allowed.

If somebody is not following the COVID-19 Protocol, he/she will be stopped to participate.

**5KM Result:** Race result will be published on Facebook page “Team Sports UAE “soon after the event and also shared by email but winners result will be shared over there.

**Very Important:** As we are celebrating the UAE National day we are requesting everyone to pin the UAE flag in to your dress /gear and feel free to dress up for your kids in flag colour.

Any queries, feel free to contact us

**See you at the start!**

Team Sports UAE

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