



## @ The Ripe Market

### Race 1 - Race FAQ's

#### What distances can I run?

10km Gold run, 5km Silver run and 2.5km Bronze run distances for the Skechers Performance Run.

#### What is the route?

The 10km Gold run is four laps of The Ripe Market

The 5km Silver run is two laps of The Ripe Market

The 2.5km Bronze run is one lap of the 2.5km course of The Ripe Market



#### Can I change distance on the day?

Unfortunately, you cannot change the distance on the race day. You must start in the distance that you have entered. Please contact the organisers by 1500hrs on 16<sup>th</sup> November if you would like to change the distance that you have entered.



### **What time do the races start?**

We are having staggered start times to ensure everyone has plenty of space and we can implement social distancing guidance and Covid-19 mitigation.

- 10km Gold Run start time – **0700hrs**
- 5km Silver Run start time – **0710hrs**
- 2.5km Bronze Run start time – **0720hrs**

### **What time should you arrive?**

Please aim to arrive 30 minutes before your race distance starts. While we don't want runners to be standing around for long periods, you should allow some time to move through the heat screening point and assemble for your race start.

Please note that, the event site opens at **6:30**.

### **What are the directions to the venue?**

The Skechers Performance run will be held at the Ripe Market in the Dubai Police Academy. The Ripe Market is located on the Umm Suqeim Street, opposite Mall of the Emirates. Click [here](#) for location.

### **How do I get to the start?**

The start for all the runs is on the road approximately 100m from the entrance to the Ripe Market. From the car park enter The Ripe Market and walk to the left. You will find access to the assembly area and the start line from that point.

### **Is there water available?**

Yes, there will be Mai Dubai water available for all runners near the Start/Finish area and one water station on the route.

### **Do I get a medal and T-shirt?**

Yes, everyone who finishes their race distances will receive a Skechers Performance Run medal and a T-shirt.

In line with our social distancing protocols, medals and T-shirts may be collected in a contactless way. Please take the T-shirt size that you requested when you registered for the event.

### **Is there food at the event?**

There are no food concessions on the event site. The Ripe Market will be open as normal after the event is completed.

### **Are there toilets at the event?**

Yes, toilets will be available in the start assembly area.

### **Where do I collect my race pack?**

Race pack collection will be from the Skechers shop at Al Joud Centre on Sheikh Zayed Road. Click [here](#) for location.

Race pack collection will be open from **1500hrs – 2000hrs on 17<sup>th</sup> and 18<sup>th</sup> November**. Due to Covid-19 restrictions it will not be possible to collect your race pack on the day of the race.

Please contact [sports@promosevensports.com](mailto:sports@promosevensports.com) if you cannot collect your race pack during these times.



**Will it be safe?**

We are working closely with relevant partners during the planning of the Skechers Performance Run to make sure that all necessary procedures are in place. There will be Covid-19 protocols in place for the event and we thank you in advance for your understanding as these new steps are implemented.

It hopefully goes without saying that you should not attend the event if you are experiencing Covid symptoms or have been in contact with anyone who is showing symptoms or have contracted the virus in the seven days before the event.

**Temperature Checks:**

Before entering the start area your temperature will be taken at the automated screening machines – provided by our partners at Lomas. Please be patient, observe social distancing in the queue and listen to instructions from our marshals.

Your temperature can be taken while you are wearing your mask, but we ask that you lower your mask or face covering slightly so that your nose is exposed. This helps the camera quickly and accurately locate your forehead and conduct the test.

If your temperature is too high you will be escorted to our Covid isolation tent for further tests.

**In the assembly areas:**

Having moved through the temperature checks you will be directed to the assembly area for your race distance. The 10km runners will start first so they will be assembled on the road behind the start arch. The 5km and 2.5km runners will be assembled on the grass area closer to the start line. Please follow instructions from our race officials.

In your assembly area you will see coloured spots on the floor. Please stand on a spot. The spots help us to ensure that we don't exceed our maximum capacity for each area of the event site and make sure that all runners are socially distant when they assemble.

**When the race starts:**

The start of the race will be slightly different to what you may be used to as we need to control the release of runners onto the route. Please be patient and follow instruction from race officials as we bring each line of runners to the start line.

Please keep your mask or face covering on until you cross the start line. There is a bin on the start line where the mask can be disposed.

**Out on the race route:**

Once you cross the start line you can remove your face mask, but please try to continue social distancing as you make your way around the race route.

The route will be traffic-free and will be very well signed to ensure that you can have the most enjoyable run possible.

There will be event staff located across the race route. If you need any assistance while on the route, please alert one of the race staff members.

**When you finish:**

Please keep moving after you have crossed the finish line as there will be other runners finishing behind you.

Your temperature will be checked as you exit the event site but please remember to follow the social distancing guidance at all times.

***Good luck for your run. We look forward to seeing you on the 20<sup>th</sup> of November!***

