



#GARMINQUEST
#HATTAADVENTURES



KAYAK



Trail RUN



Mountain BIKE

LET THE ADVENTURE BEGIN...

Challenger Route Map

Run 5.5km
Cycle 13km
Kayak 1km



Explorer Route Map

Run 10km
Cycle 27km
Kayak 1km





BEFORE THE RACE

- **Wave times will be posted online the week of the event.**
- **You will receive an email on the Tuesday prior to the event, with your race number and wave time.**
- **All competitors must collect their race pack at the Arabian Quest Race Village in Hatta Wadi Hub.**
 - **Thursday, 17th December from 19:00-22:00**
 - **Friday, 18th December from 05:00-06:00**
- **At the Race Village you will receive your race pack which contains the following: route map with race information documents, timing chip, bib number, event t-shirt and helmet sticker.**

- **Please arrive at the Race Village 60 minutes before your wave time.**
- **Arrive at the start line with your bike, ready to race with your bib number attached and timing chip on your wrist.**
- **Due to COVID-19, there will be a short Race Briefing so ensure you have studying the Race Documentation sent via email prior to event.**
- **Event starts from 07:00 sharp from Hatta Wadi Hub.**
- **All mandatory kit will be checked at the start line on race morning. If you do not have the required kit, you will not be allowed to take part.**
- **The mandatory kit is required for your safety and could potentially be needed, so please carry it on you at all times. Please see mandatory kit section for the full kit list.**

MORNING OF THE RACE

RACE DAY SUPPORT

- **Hatta Police will be located along the route at road crossings or dangerous intersections.**
- **Hatta Ambulance will be located within the Arabian Quest Race Village at Hatta Wadi Hub.**
- **Hatta Wadi Hub has a First Aid Medical Centre with a qualified nurse on site.**
- **Hatta Adventurers are providing all race day logistical support including, but not limited to, route signage, route marshals, support vehicles, kayaks, buoyancy vests, mountain bikes (if hired upon registration), feed stations, water.**

RACE RULES

- **There are no road closures for cycle stages - competitors must follow road traffic laws and marshal directions - you need to have your helmet fastened when you are cycling or pushing your bike.**
- **All competitors must follow the prescribed route and check into the checkpoints in the correct order.**
- **Respect the local environment and bring all litter back to the finish line with you.**
- **No external assistance with pacing, provision of food, drinks or bike repairs etc. is permitted.**
- **Please assist any fellow competitor who may be in difficulty and report it to the closest race marshal.**
- **The Race Director's decision is final in the event of any dispute.**
- **Time outs at the kayak stage will only be used if no kayaks are available.**

COMPETITOR INFO

- **This event is open to all levels of athletes.**
- **If you think you are in with a chance of winning any prize** in either the Challenger or Explorer Race, you must self seed and start at the front of the wave in that race.**
- **This allows a fair race for all concerned but all waves will be included in real race time results. All times are calculated on chip time and not gun time.**
- **There will be 10 single kayaks available on a first come first served basis for both the Challenger and Explorer races.**
- ****One prize per person provided by Sponsors up to a value of AED1,000 for first place. Top 3 finishers receive prizes.**

It is vital that all competitors in each category bring the following mandatory kit and carry it with them at all times – from start to finish:

- **Backpack / bag to hold running shoes as T1 is in a different location to the start and finish.**
- **Race Bib Belt**
- **Basic first aid kit (min: 1 x dressing pad (field dressing), roll bandage, and plasters).**
- **Map of the route (included in your race pack).**
- **Survival/foil blanket and whistle.**
- **Appropriate food and drink. There will be limited water re-fill points on the course.**
- **Cycle helmet, spare tube, pump/CO2 canister.**
- **Sunscreen.**
- **Suitable footwear (trail runners are recommended).**

MANDATORY KIT LIST

RACE SAFETY

- **Competitors undertake Arabian Quest Adventure Race at their own risk.**
- **Please familiarise yourself with the route map, race briefing document and the areas on the route where care must be taken.**
- **Please observe warning signs, flags and whistles, race stewards' advice and carefully study the race briefing before the race.**
- **Please note there will be technical single track and rough surfaces on the cycle routes.**
- **There are no road closures and all roads will be open to the public so you have no right of way. However, 95% of the route is off road.**
- **Participants must adhere to all COVID-19 measures put in place by Government Authorities which includes social distancing and wearing masks at all times when not racing.**

FEED STATIONS & RESPECT THE ENVIRONMENT

- **Feed stations are highlighted on your route map.**
- **The feed stations are self service only. There will be a race attendant, but you must refuel by your self due to COVID-19 restrictions.**
- **Competitors must bring sufficient food and water with them to complete the race.**
- **Food will be available for purchase in the Race Village after you finish the event.**
- **Anyone found littering in any section of the course will be immediately disqualified.**
- **Feel free to report to our marshals if you see anyone littering. We are lucky to be able to hold this event in Hatta, so please respect this privilege.**

How do I register for the Race?

- **You can registration for the race online. There are limited places available so register now not to be disappointed.**

What does the registration fee include:

- **Finisher's medal**
- **Finisher's t-shirt**
- **Kayak rental & access to all routes**
- **Sponsored products / vouchers**
- **Prizes worth up to AED1,000 Elite Category Winners.**
- **Electronic Timing**
- **Professional Photography**
- **Refreshments on course**
- **A great atmosphere and a fun day out**
- **Fully marked and marshalled course**

Is there a bag drop facility available?

- **Unfortunately, we are unable to provide bag drop facilities at the event.**

What type bike should I use?

- **The choice of bike is an individual choice. The most suitable bike would be a Mountain Bike. Mountain Bikes available for hire also. Please enquire prior to registration. No road bikes.**

Do I need any specialist equipment?

- **Apart from the basics (bike, helmet, running shoes, backpack & race bib belt) you do not need any specialist equipment. We will provide you with a kayak, paddle and buoyancy aid.**

Do I have to have any specialist map reading or mountain skill to compete in the race?

- **No. You will be provided with a map. The route is marked out with signs and race Marshals will also be on hand along the route.**

What is your refund policy?

- **When entering the event it is part of the terms and conditions that it is a non-refundable payment policy.**

Is there any water available along the route?

- **The exact locations of water stops will be highlighted on the map given to you at registration. You will be required to bring water with you on you for the duration of the race.**

Where will I start?

- **ALL COMPETITORS AND ROUTES will start from Hatta Wadi Hub, you must be present 60 mins before wave start times.**

Who provides my Kayak?

- **The event organisers will provide all kayaks, paddles, and buoyancy aid. Competitors will not be allowed to bring their own kayaks.**

Do I need my own kayak, buoyancy aid or paddle?

- **No. The event organisers will provide all kayaks, paddles, and buoyancy aid. Competitors will not be allowed to bring their own Kayaks due to the remote location of the Kayak stage.**

How is the race timed?

- Your race time and your progress through each stage is timed using an electronic timing chip which is attached to your left ankle.

Where is the timeout sections?

- There is only one timeout section on the route. The only time out zone where competitors can be timed out while waiting for a kayak. The maximum amount of time allowed in the time out zone is 15 minutes. You can only be timed out if you are waiting for a kayak.

Can I compete in the race as a team?

- No.

How can I contact Arabian Quest Team if I have any more questions?

- Feel free to contact us with any questions by emailing garminquest@arabianepic.com or call 058 527 6605.

Can I listen to my iPod during the race?

- No. It is extremely dangerous to listen to music whilst cycling as the roads are not closed and are open to local traffic.

Can I raise money for charity?

- Yes. We encourage everybody to raise money for charity, but you will need to consult a charitable organization to ensure you comply with fundraising laws in the UAE.

Who can register for the event?

- The event is open to everyone between the ages of 14 to 60+.
 - Challenger – 14 to 60+
 - Explorer – 17 to 60+

How much does it cost to enter?

- Standard Price (27th Oct – 16th Dec 2020)
 - Challenger: AED300.00.
 - Explorer: AD350.00.

When does the event take place?

- Event will be held on Friday, 18th December 2020.

Are there accommodation options in Hatta?

- We do not provide accommodation as part of the event, however, there are plenty of camping and chalet options in Hatta Wadi Hub, hotel options with JA Hatta Fort Hotel, and independent hospitality options with some local farm stays like The Palm House.



Feel free to contact us in the lead up to the big day with any enquiries or questions you have:

- **Telephone: 058 527 6605**
- **Email: garminquest@arabianepic.com**

The Arabian Quest Adventure Race Team

CONTACT US



GARMIN®



EVENT SPONSORED BY