

Part of the 2020 Indoor Run Series

**RUNNING  
RACE**  
IN CITY CENTRE MIRDIF



***ALL YOU NEED TO KNOW***

**Friday 18th September 2020**

**City Centre Mirdif**

COVID-19 social distancing rules apply.  
If you have any COVID-19 symptoms – Do NOT attend!

Please read the following information carefully.  
**Especially the information on the best way to enter the venue!**

**Venue:** City Centre Mirdif <http://bitly.ws/9Kfj>

**Parking:** From 4.30am, Parking P1, Entrance B Level 1 will be opened for runners on the north side of the mall (nearest the E311).

Parking P1, Ground floor will be opened for parking, but to access the mall you need to enter through Level 1, Entrance B.

Parking P3, will also be available if you are approaching the mall from Mirdif area.

**Race Location:** Ground Floor, City Centre Mirdif

**Date:** Friday 18<sup>th</sup> September

**Race Pack Collection:** Opens from 5.15am on **Level 1** in the central Galleria (opposite Entrance B from the parking), above Starbucks.

Please note due to social distancing, runners will only be allowed on the Ground Floor in small numbers once you have collected your Race Bibs.

**Due to social distancing we request all runners stay on Level 1 of the mall until it is there time to start the run.**

**Race Start:** The run will start from the Central Galleria in City Centre Mirdif Mall on the Ground Floor.

- **10km: From 6.00am**
- **5km: From 7.00am**
- **2km: From 8.00am**

The course is a 1km loop and runners are responsible for counting their own laps of the course.

The run will start in waves of 10 seconds apart, with 2 or 3 runners starting at the same time.

Masks are required on the start line and once you finish the run. Please maintain social distance while running.

NOTE: When registering, each runner has agreed to the event waiver and rules. Copies of the waiver can be found on the event registration page.

**Winners:** The fastest chip will be declared overall winner. 5km and 10km have prizes for 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> split by gender. 2km run will have 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> overall winners. Results will be emailed and available online at [hopasports.com](http://hopasports.com)

Please refrain from any contact with the marshals and event staff. Avoid any physical contact with anyone and maintain the covid-19 precautions.

**Finish:** Runners will receive a finishers medal when they pass over the finish line. Please continue through the starting area to the escalators at the right side, next to Paul's cafe where you can exit the course.

**The Course:** Please follow the signage and beware of the centre kiosks on the course. Take care on the corners as there are some sharp edges. Runners are responsible for counting their own laps.

Please notify the marshals on the course if you notice any water that could cause an accident.

A reminder please do NOT drink water on the course. There is a Hydration Station opposite the Start Area, and you must exit the course to drink water on the carpeted area. Water will also be available after the Finish Line.

**Medical:** For any medical issues please see the first aid time located near the Start and Finish Area.

Please ensure you have appropriate footwear; trainers/sneakers.

**Toilets:** Bathrooms are located under the escalators on both sides of the Start/Finish Area

# Enjoy the RACE!

## THANKS TO ALL PARTNERS OF RUNNING RACE IN CITY CENTRE MIRDIF

Running  
Partner



UNDER ARMOUR

Fitness  
Partner



Supply  
Partner



Supply  
Partner



Operations  
Partner



Competitive Edge

Timekeeper  
Partner



HOPATEC  
SPORTS SERVICES

Support  
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