



حكومة الشارقة
مجلس الشارقة الرياضي
GOVERNMENT OF SHARJAH
SHARJAH SPORTS COUNCIL

Sharjah Sports Council Community Races Khorfakkan Mountain Challenge 13/12/2019



Endurance
SPORTS SERVICES





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Sharjah Sports Council Community Races

Goals

- To raise awareness about the significant role of community sports and encourage a sports culture with intention to sustainably support an active lifestyle for members of the community.
- To disseminate and promote the culture of individual sports and attract youth to participate in order to create a generation of athletes.
- To support and develop sporting activities at the national level to create a positive impact on global sport.
- To highlight the sporting facade and tourist attractions of Sharjah and promote sporting destinations in the Emirate.
- To motivate and encourage the community to be active by providing suitable venues and events for all levels, abilities and ages.
- To promoting a culture of tolerance in the local community through community sport that brings together a variety of nationalities in light of the diversity of the UAE society.



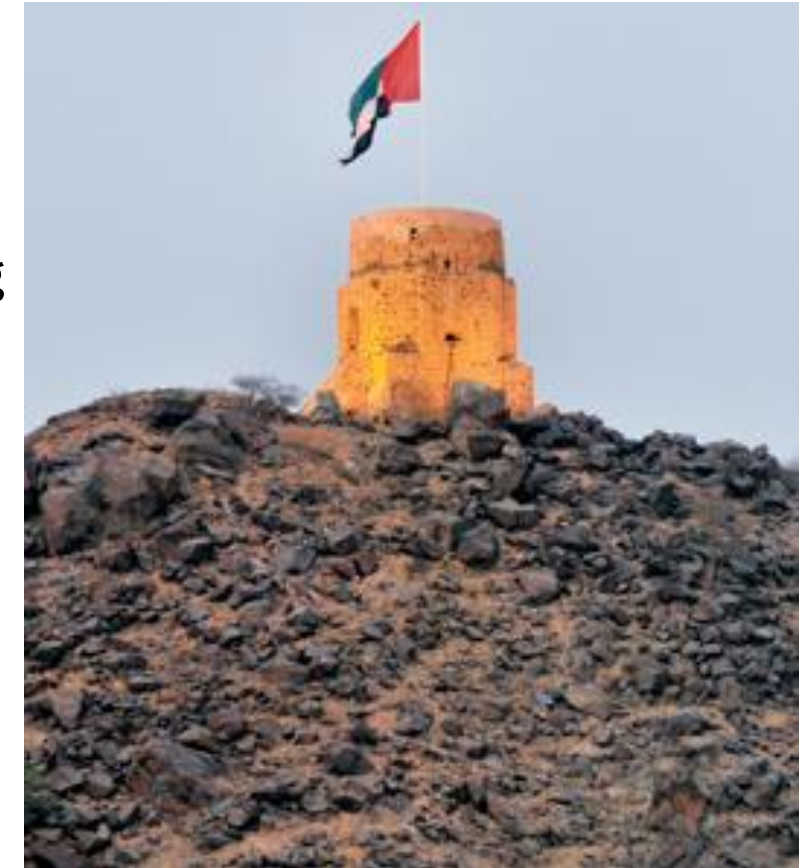


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Khorfakkan Mountain Challenge

Goals

- Introduce Al Rabi Tower and the ancient history of Khorfakkan and its picturesque nature.
- Invest in the path dedicated to this type of sports.
- Promote and attract tourism in Khorfakkan.
- Increase the number of events and activities in the city.
- Diversify sports in the Sharjah Sports Council community racing series.
- Expand the geographical spread of the Sharjah Sports Council series at the community level.
- Offer a unique and wholesome experience for adventurers and mountain lovers
- Support the participation of all community groups from various nationalities and ages.





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Khorfakkan Mountain Challenge Facts

	Event Name	Date	Race Type	Distance	Elevation	Number of participants
	Khorfakkan Mountain Challenge	Friday 13/12/2019	Trail Run	3km	395m	150





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Coronation Categories in the Race

- **The top three positions for each of the following categories:**

- Overall Open Category - Male
- Overall Open Category – Female
- Overall Emirati Category - Male
- Overall Emirati Category - Female





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Race Schedule

- 05:27 a.m. Fajr Prayer
- 06:50 a.m. Sunrise
- 07:00 a.m. begin distributing numbers
- 07:30 a.m. start of race waves
- 08:00 a.m. end of race waves
- 09:30 a.m. prize ceremony
- 10:00 a.m. end of the race





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Khorfakkan Mountain Challenge Medal



- The Sharjah World Book Capital 2019 emblem is incorporated into the top margin of the medal.
- A unified template with the identity of the Sharjah Sports Council Community Series for the current season.
- The historic Rabi Tower is the main focus of the medal.
- The background behind the tower is a visual representation of the actual mountain that houses the trail.
- The represented mountain's colors are tones of brown and bronze to commemorate the Al Rabi mountain place.
- The ribbon includes the name of the race, the sports season, the council's logo and the logo of the organizing company.





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What Contestants Receive

- Special number bib issued to participate in the race.
- An electronic chip behind the number connected to a special electronic timing system.
- Finisher medal at the finish line.
- Medal of the first three places (gold / silver/ bronze) in case of winning in any of the race categories
- Electronic timing via the website.
- Electronic certificate through the website
- Personal pictures during the race and at the finish line
- Drinking water along the path.
- Breakfast buffet at the end of the race.
- Fruits at the end of the race.



Services Provided at the Race

- Baggage dropping service
- Medical support along the route
- Guidance support along the route
- Water stations along the route
- Toilets (WC)
- Ambulance





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Technical Conditions

- All contestants must pre-register for the race through the approved websites only during the open registration period.
- The contestant must be 18 years of age and older.
- All contestants must wear chest numbers with the electronic slide behind it.
- Follow volunteer guidance along the track at all times to ensure safety.
- The race consists of 30 waves, one minute apart.
- Each wave consists of 5 participants.
- Time calculation starts from the beginning of the personal start of the participant.
- Time calculation ends at the finish line at the end of the track (time to return to the starting point is not counted in the race)
- The winner is the contestant who takes the least time to finish the track by category of participation.





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Safety Precautions

- Closure of the route for visitors and tourists during the race. A prior announcement of this closure is placed at the entrance of the track
- The maximum number of participants in the race is 150 people according to the capacity of the track, divided into 30 waves, each wave consists of only 5 contestants, separated by a minute to ensure a safe distribution of runners in the track.
- The starting point is from the bottom of the path leading to the Rabi Tower, to ensure that the contestants are distributed according to their physical strength during the uphill run before entering the mountain path.
- Distribute volunteers for guidance along the track.
- Distribute paramedics from the Sand team along the track.
- Provide stretchers in different areas of the emergency track.
- Provide an ambulance at the point of departure.
- A detailed orientation and explanation of the path before starting the race.
- Competition is only uphill. The calculation of time ends at the top, taking into account a safe and comfortable descent
- For the contestants, give priority to the ascenders to reach the top and pass the finish line.
- The contestant shall sign a fitness undertaking waiver and assume personal responsibility in the race during registration and upon receiving a race number.



Organizers & Partners

- **Organized by:** Sharjah Sports Council
- **Executed by:** Endurance Sports Services
- **Partners:**
 - Sharjah Department of Planning & Survey
 - Sharjah Police
 - General Directorate of Civil Defense - Eastern Region
 - Sharjah Media Corporation
 - Al Shaab Village
 - Saned volunteer team
 - Asaad Shaab volunteer team
 - Sharjah Triathlon Team

