



Welcome to the 10th anniversary of the Spinneys Dubai 92 Cycle Challenge. The final Build-Up Ride is taking place on Friday 1st November at Al Qudra Cycle Track.

Please read this document carefully and remember, chip collection is from the Spinneys Village from 5am until 5:45am. After your ride remember to come back to the registration desk in the Spinneys Village to collect a wristband for your FREE breakfast!

IMPORTANT NOTICE :

Due to the Endurance Horse racing taking place on Friday Morning we will be reversing the route for the Spinneys Dubai 92 Build-Up Ride number 3.

The horses will have right of way at all times and if you are instructed to STOP by the Police or a Marshal it is for your safety and you are strongly advised to do so.

We thank you for your understanding and support.



Distance: Build-Up Ride 3 is 85km

Times: Two start times are available depending on the speed **you** think you can do:

- 6:00am - +38km per hour ave & above
- 6:05am - -37km per hour ave & below

Location: Al Qudra Cycle Track - [Top of the stick](#)

Remember the minimum speed for the 100km



The Course: An 85km course on the Al Qudra Cycle Track. Please click [here](#) to view the Spinneys Dubai 92 Build-Up Ride 3 route and upload to your Wahoo or other GPS Computer.

Village: The Spinneys Village and the start area are located near Zads at the top of the stick. For the location, click [here](#)

Cycle Challenge on 29th November is a 26km per hour ave.

Timing System: To ensure timing and results are as accurate as possible, we are going to be using ProChips for this Build-Up Ride and the 100km Cycle Challenge. ProChips are 99% accurate and the technology is similar to what is used at all Grand Tours and in Formula 1 races.

Timings Chips: Chip collection is from the Spinneys Village on the morning of the Build-Up Ride from 5am until 5:45am. To collect your chip please leave either a deposit of AED100 or your Emirates ID. Replacement timing chips cost AED150. Classic (yellow) champion timing chip cannot be used for this ride!



Spinneys Food: [Spinneys Dubai](#) will provide a number of delicious breakfast options. When you have completed the ride make sure to indulge in either beef boerewors rolls, chicken sausage rolls or falafel wraps on offer in the Spinneys Village.

Water: There are two water stations on the track. One will be located around the **26km mark**, the second will be located around the **61km mark**. You will also be able to refill your water bottles in the Spinneys Village. Water **WILL NOT** be handed to you, you **MUST STOP**.

Newbies: The [Revolution Cycles Dubai](#) team will guide you round the track. Gilbert from Team Revolution will be at the information stand in the Spinneys Village and will leave at 6:10am. All 'newbies' are welcome to join him on the ride. No one will be left behind! Gilbert will be looking to hold an average of **23 - 26km** ave on this ride.

No Headphones: We highly recommend against using headphones during the ride as this will limit your ability to be aware of your surroundings.

Mechanical Support: Thanks to [Revolution Cycles Dubai](#) who will be on-site with basic mechanical support.



Start / Finish: All riders will start from the Spinneys Village beside Zads store. A rolling start will leave from the exit behind Zads and the official start and finish line will be 1km from the Spinneys Village. The start line will be open from **6:00am - 6:30am**. The finish line will close at **10:30am**.

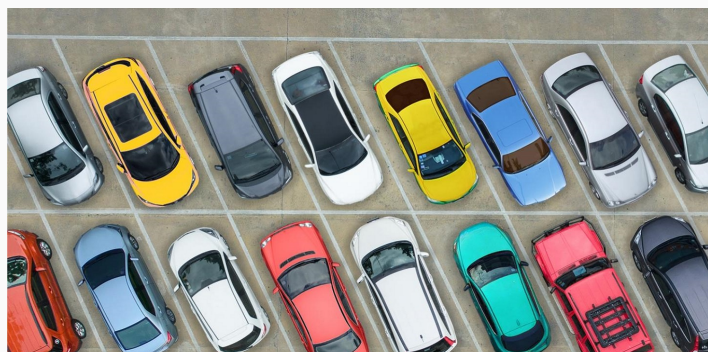
The Track: The track is wide and there will be passing during the ride. **Stay to the right of the path - it will be a two-way path!** Allow faster riders to pass on the left.

The WAHOO Accumulator Powered by Wahoo:

Back again for our 10th Anniversary!

We will be calculating and keeping track of how long it takes you to complete Build-Up Rides 2 +3 & The Spinneys Dubai 92 Cycle Challenge. If you have the quickest accumulated time then you stand a chance of winning a Wahoo KICKR CORE.

Wahoo Prizes will be awarded for fastest male & female and fastest junior male & junior female. Keep up-to-date with the Accumulator **latest leader board** [here!](#)



Parking: There is lots of parking near the Spinneys Village. There is sand parking but please allow an extra ten minutes to get to the venue. Marshals will be guiding you. Click [here](#) for the car park location.

Results: Preliminary results are published after the ride. Any queries regarding time and results must be made before 12 midday on **Sunday 3rd November** when the final results will be published.



Time Trial and Aero Bars: These are permitted in this event but will NOT be permitted in the Spinneys Dubai 92 Cycle Challenge on 29th November. These bars are **NOT** bunch friendly, use with extreme caution. We advise you to avoid using when cycling in a group of any kind.

The Road to the Spinneys Dubai 92 Cycle Challenge Powered by ŠKODA Continues

We are getting closer to the Spinneys Dubai 92 Cycle Challenge in November and we wish you the best of luck on this journey!

See you all bright and early on Friday morning!

REMEMBER - NO HELMET NO RIDE!

In case of an emergency call :

056 211 4374

Please quote your location, approximately km, and any notable points around you.



THANKS TO ALL OUR PARTNERS OF THE SPINNEYS DUBAI 92 CYCLE CHALLENGE

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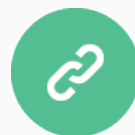
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