



Ride Ajman



All You Need to Know
For 2019

115km and 58km

Plan Your Ride

Congratulations on being part of Ride Ajman taking place on Friday 5th April 2019. Here are a few things you need to know in order for you to get the most out of the day.

Let's start with a few bike and safety rules:

- Only registered riders can participate
- No number = no ride
- No helmet = no ride
- No tri bars or aero bars (UCI regulations)
- No headphones



Race Pack Collection

The timings for the collection:

- Thursday, 4th April, 3.00pm - 9.00pm at Fairmont, Ajman
- Friday, 5th April, 5.00am - 5.30am at Ride Ajman, Race Village (Al Zorah, Marina 1)

Please remember that if you want a proxy to collect your race pack you must provide the collector with a print-out of your confirmation email or receipt and they must have a form of identification for us to refer back to if needed. **If you have registered through Premier Online you will need to sign a waiver form when collecting your race pack in person.**

The Race Pack

To collect your Race Pack you will be required to leave a deposit for your timing chip which you can collect at the end of the race. **Emirates ID or AED 100 will be required as a deposit.**

Your race pack contains the following items:

- **Timing Chip** - all timing chips are ProChips - this must be fixed to your front wheel hub using the dedicated bike clip/spacer. If the chip is placed anywhere else (e.g. on the wrist, handle bars, seat or any other place) the time will not be recorded. If you have purchased your personal (red) ProChip timing tag, kindly ensure that you have activated your chip online. There is a AED150 fee for replacement timing chips. Only return your chip to the Hopasports timing company.
- **Your Bib Number.** Make sure that you clearly pin the number on your back.

Note: To receive a medal, goody bag and breakfast wristband, you must return your chip to the Registration Tent in the Race Village.

**No Chip = No Time
No Number = No Ride**

Race Day

Start Order

There will be a rolling start to begin the race.

Please note the following times for all:

- 5.00: Riders to start arriving
- 5.45: Group photo and riders briefing
- 6.00: 115km Open & UAE National Race (Male) starts
- 6:02: 115km Open Race (Female) starts
- 6.05: 58km Open & UAE National Race (Male & Female) starts



Positions within your start group are on a first-come-first-served basis

All races will begin from Al Zorah, Marina 1. Click [here](#) for start location. The ride will begin from in front of the Biel Tent the Race Village with a race briefing.

The cyclists will line up in the Race Village and there will be a rolling start, where the race will begin from the archway. The finish line will be opposite the Race Village on the main road.



Parking and Facilities

- Please arrive by 5.00am to allow enough time to get ready and find your way to the start zone.
- Parking is located in front of the Race Village, next to the Al Zorah, Marina 1.
- You can ride from the car park, across the road and south past the Fairmont Ajman towards the corniche to reach the start/finish line.
- The exit for cars before all riders are finished will be from the far end of the car park.
- **If you are using Google Maps, use the location as Al Zorah, Marina 1. Using only Marina 1 will take you to the wrong location.**

The Course

Start: Al Zorah, Marina 1, Ajman

- The start is located on the main road, next to Al Zorah, Marina 1. Click [here](#) for location.
- The route is clearly marked with signs and will be led by Ajman Police. All emergency traffic will pass in the left hand lane - we have full access to all lanes.
- Please expect and be aware of the Police passing by regularly - be predictable in your movements.
- The route is a looped 58km route around the city of Ajman with over 500 cyclists on the route at any time. The 115km race is two loops of the route.
- Lone rider: if you find yourself alone on the road or have dropped from your group, riding in pairs is always more visible and more fun. We suggest that you slow down and allow the next rider to catch you up.
- **Minimum speed for the 115km course is 26km per hour.**
Minimum speed for the 58km course is 24km per hour.

Please click [here](#) for the route map

Note: There are two cut off times for Ride Ajman. All riders competing in the 115km race must have completed the first loop by 9.00am. The second cut off will be at the Al Tallal Camel Race Course at 9.40am for everyone.



Medical

There will be medical provision located in the Race Village. Ambulances will also follow the last cyclists in the 115km and 58km races. Additional medical services will be located at the Al Tallal Camel Race Course.

Make sure you have a copy of our ICE (In Case of Emergency Number) with you. And if you are feeling unwell please seek medical advice before taking part in the race.

ICE: 056 211 4374

Toilets

Bathrooms are located in the Race Village, next to the registration tent and at the Al Tallal Camel Race Course.

The Course

Support Vehicles

Support cars will follow the last riders. If you decide to retire from the ride, flag down one of these vehicles. Only once the vehicle is full will it return to the Race Village. Your own support vehicles are not permitted.

There will be official support vehicles as well as media and police vehicles. Care has to be taken by not allowing any other team vehicle that may obstruct the riders.

Personal support and seconding drivers are **NOT** permitted. Anyone seen using an unauthorized vehicle on the course will be immediately disqualified. Should your team need accreditation for an official vehicle please email the Race Director on sports@promosevensports.com

Refreshment Stations

There will be four refreshment stations on the 58km loop. All stations will have water for you to rehydrate. There will also be refreshment at the Race Village

- 18km into race - near the Fairmont Hotel
- 33km into race
- 42km into race - near the Al Tallal Camel Race Course



Race Village & Prize Giving

Various sponsors will be in the Race Village and an extensive children's area is located beside the Race Village. A bike service will also be available, provided by Revolution Cycles.

Breakfast will be served from the Biel Tent in the Race Village. In order to claim your breakfast you will need to present your wristband on arrival which you will be given with your medal when you return your Timing Chip to the Registration Tent. The prize giving will take place on the stage in the Race Village at 9.15am. Once you have finished the race please relax and enjoy the food and atmosphere.

Note: For UAE Nationals to be in with a chance of winning prize money / trophies they will need to be entered in the UAE National category, BEFORE the race starts.

**Revolution Cycles can assist with minor bicycle issues/small problems only.

Things To Watch Out For

Other riders: Keep a mindful eye on what is happening around you and remember to signal your intentions.

Road conditions: Conditions are generally very good and a huge effort has been made by the Ajman Municipality to improve all road surfaces. However a pump and spare inner tube are essential tools for any road race. The Ajman Police will be on the route to assist you.

The route has many roundabouts and turns and with speeds of over 40 km per hour by the cyclists, their safety is paramount.

Road obstructions: The Ajman roads are generally pristine however there are a few bumps and storm water grates that you need to keep an eye out for, remember to call out obstacles when riding in a bunch.

Visibility: As we are starting at 6am and the glorious Ajman sun has not quite risen yet, we suggest having a light on your bike.

Note: When registering for Ride Ajman, each rider has agreed to the event waiver and rules. Copies of the waiver can be found on the event registration page on Hopasports.com

Follow us!

Photographs and videos from Ride Ajman will be posted on our social media channels.

Share your experience with us on Twitter, Instagram and Facebook on @RideAjman

The official ride hashtags are #RideAjman and #LoveAjman



Post Race Relaxation



اكو باونس
aqua bounce
مركز الترفيه

Driftwood

RACE ENDS. FUN BEGINS.

Head over to **Driftwood** for the ultimate kick back by the beach with a BBQ lunch including limitless grilled meats, seafood and sides to complement free access to Fairmont Ajman's pool and beach facilities after the excitement of Ride Ajman 2019.

AED 250 for adults
AED 125 for children aged between six to eleven years

April 5th from 1 PM until 9 PM

- Offer is inclusive of complimentary pool and beach day access and Aqua Bounce
- Offer is valid for all registered Ride Ajman participants and their guests
- Advance reservations required.

For bookings, please contact Fairmont Ajman at +971 6 701 5757

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