

# PLAN YOUR DAY

The Dubai Eye 103.8 UAE Road Cycling Championship Dubai Stage is taking place on Friday 9<sup>th</sup> March 2018.

Here is all you need to know

Let's start with a few bike and safety rules:

- Only riders registered for the Dubai stage can participate
- No number = no ride
- No helmet = no ride
- No tri bars or aero bars (UCI regulations)

## Race Kit Collection

The event pack collection point will be in the race village at Dubai Sports City from 05:30 to 06:30 AM on race day.

<https://www.google.com/maps/place/Dubai+StageRace>

If your event pack is being collected by another person, you must provide the collector with a printout of your confirmation email/receipt and a copy of their ID.

## The Race Kit Contains

- Timing Chip - ALL timing chips are ProChips.
- The chip **must** be fixed to the **front fork** of your bicycle.
- If the chip is placed anywhere else (e.g. on the wrist, handle bars, seat or any other place) the time **will not** be recorded.
- Challenge Number - make sure that you pin your race number on your BACK clearly.

**No Number = No Ride**

# SEEDING & START ZONES

Riders should be in their start zone by 6 am  
Positions within each start zone are on a first-come-first served basis. The Dubai Eye 103.8 UAE Road Cycling Championship starts at 07:00 am sharp.

## Start Time

Category	Start Time
Expat ( Men )	07:00
Emirates Men	
Expat ( Women )	07:02
Emirates ( Women )	

# The Village

## Arriving at Dubai Sports City

We request that all cyclists arrive by 5:00am.

The carpark for cyclists is located opposite the race village.



Race Village: [https://www.google.ae/maps/race\\_village](https://www.google.ae/maps/race_village)

Cyclist Car Parking: [https://www.google.ae/maps/Car\\_park](https://www.google.ae/maps/Car_park)

## The Race Village

The Race Village will have a number of different vendors and activities to keep cyclists and non-cyclists entertained before, during, and after the Cycle Championship. There will be water, food, rest areas, and Cycle Championship sponsors at the village.

The toilets are located near the race village. Showers and changing room facilities will be available too.

Technical support cars will be with cyclists on the route to assist with minor bicycle issues/small problems as well as hydration supply will be available on route.

PLEASE DO NOT ARRIVE AND ANTICIPATE A FULL SERVICE. THIS WILL NOT BE POSSIBLE.

**The participants are responsible for their bikes safety**

# THE COURSE

## The Dubai Eye 103.8 UAE Road Cycling Championship course (START & FINISH SAME PLACE)

The 65.5 km Dubai Stage will start at Dubai Sports City going past the Trump Estates (Damac Hills), towards the Al Qudra, Zads Trek bike shop roundabout and return along the same route.

You can view the video for the route, via this link;  
<https://youtu.be/3ENVdNcd6gg>

You can follow the road signages, police vehicles or commissaries motorbikes.

NMC Ambulance will be positioned in the Race Village as well as support the main categories.

Support cars will follow the last riders. If you decide to retire from the ride, flag down one of these vehicles. Only once the vehicle is full will it return to the starting point.

Riders, which will be 04 KM late, they will have to use the shuttle bus for their safety.

Personal support and seconding drivers are **NOT** permitted. Anyone seen using an unauthorized vehicle on the course will be immediately disqualified. Should your team need accreditation for an official vehicle please email the Event Director on [info@uaecyfcf.ae](mailto:info@uaecyfcf.ae)

### Refreshment Stations

There will be 4 refreshment stations on the road. All stations will have water, and food available:

- 10KM
- 18KM
- 29KM
- 40KM

There will also be refreshments at the race village.

The event organizer will provide a complimentary light breakfast for all the cyclists at the Race Village before and after the race.

### Hot Spots

Please invite all your friends and family to come out and support the cyclists. Everyone is welcome to join us on Race day at Dubai Sports City.

## Things To Watch Out For

**Other riders:** Keep a mindful eye on what is happening around you and remember to signal your intentions.

**Road conditions:** Conditions are generally good, but a pump and spare tube are essential on the race. The weather can be unpredictable this time of year so keep an eye out for puddles and standing water.

**Road obstructions:** The route is generally pristine however there are a few bumps that you need to keep an eye out for, remember to call out obstacles when riding in a bunch.

**Note:** When registering for the UAE National Championships, each rider has agreed to the event waiver and rules. Copies of the waiver can be found on the event registration page on [www.hopasports.com](http://www.hopasports.com)

# PRIZE PRESENTATION

## Presentations

The Presentations will be at 9.30am

- Dubai stage winners - Winners Jersey for 1<sup>st</sup> place in each category and Medals + Trophy for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place winners i.e., Emirati Male and Female category & Expatriate Male and Female category.
- Championship winners - National championship trophy for 1<sup>st</sup> place winners in Expat/Emirate Men/Women category.
- Age category winners - Trophies for national champions for 1<sup>st</sup> place and medals for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place winners for Male and Female for both stages.
- All participants will receive a commemorative medal and certificate with their time.



