



Ride Ajman 2016

The 7 Km Charity Ride Ajman Briefing

(Please note there are two rides and hence two different race briefings)

Congratulations on being part of the Inaugural 7km Ride Ajman Race taking place on 22nd April 2016 and here are a few things you need to know, in order for you to get the most out of the day!

1. Registration

- Please note the below very important points:
 - Only registered riders can participate
 - No Number = No Ride!
 - No Helmet = No Ride!
 - No Tri Bars or Aero Bars Allowed

2. Cycle Challenge Event Pack Collection

Please note that the 7km Charity Ride Ajman is a non-timed event but there will be numbered bibs/wrist bands for all participants for the ride. These will be available at the start location at the following times on production of your registration number:

- Friday 22nd April 6.45 hours from the registration desk positioned in the car park opposite the Start Arch.
- Please remember that if you want a proxy to collect your Event Pack, you must provide the collector with a print-out of your confirmation email or receipt, and they must have a form of identification for us to refer back to if needed.
- It will also be possible to sign up on the day for the 7 km Charity Ride but be aware of queues.

Your event pack contains:

- **Your Challenge Number Bib**

Make certain that you CLEARLY pin the number on your BACK

- **Wrist band**

This must be worn at all times



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3. Start Order

As this is the first 7km Charity Ride Ajman, a group photo will be taken under the Start Arch before the Race Briefing. Please note the following times for all:

7.00 All riders to start arriving

7.45 Group Photo

Riders briefing

Location: Start Arch

8.00 All Riders Start

Positions within your start group are on a first-come-first-served basis.

4. Parking and Facilities

Please note the different parking for the two events and different requested arrival times:

7km Charity Ride:

- Please arrive by 7 am to allow enough time to get ready and find your way around to the start zone.
- Parking for the 7km Ride Ajman is opposite the Start Gate and you will be directed accordingly
- There will be an alternative traffic flow for all traffic for this ride.
- There are bathroom facilities in the car park.
- There will also be a bike rental service in the car park for a fee of AED 80 per bike and the production of a valid ID. Helmets will be provided with the bike.
- Helmets can also be rented for the ride for AED 20 per helmet.
- All riders will be held in the assembly area and then taken to the start which is clearly indicated.
- After the Ride, you will be able to ride back to the car park and then make your way to the hotel for your complimentary breakfast in the Fairmont Hotel.

5. Event Bag Collection

After the ride, please make your way to the ballroom foyer for the collection of your complimentary event bag, T shirt and directions to the Fairmont Breakfast and prize giving on production of your wrist band.



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6. Breakfast and Prize Giving

This is scheduled for 10am in the Fairmount Ajman in the ballroom. This is a **Free Breakfast** for all competitors.

7. The Course

- Start; the Fairmount Ajman – in Ajman.
- The Start is located on the main Road to the right of the Fairmount Ajman if you are facing the Hotel and will be clearly indicated.
- The Route is clearly marked with Signs and will proceed along the Corniche and back to the start.
- It will be led by Ajman Police.
- ALL Emergency Traffic will pass on the Left hand lane.
- As there is a rolling close course, please expect the Police to be passing regularly, be predictable in your movements, and be aware of the passing Police.
- The roads will be heavily policed and we are looking at a rolling road closures, BUT please watch for traffic at all times. (Riders will be given preference by the Escorts).The Ajman Police intend to provide all riders with the best protection possible.
- Lone riders – If you find your self all alone on the road or dropped from your group, riding in pairs is always more visible and way more fun. We suggest that you slow down and allow the next rider to catch you.
- A Garmin downloadable map of the route is available on this link [RIDE AJMAN](https://connect.garmin.com/modern/course/12127936)
<https://connect.garmin.com/modern/course/12127936>
- Support cars will follow the Last Riders. If you decide to retire from the ride, flag down one of these vehicles. Only once the vehicle is full, will it return to the Fairmount Ajman.
- Your own support and seconding drivers are not permitted. Anyone seen to have such will be immediately disqualified. Should your team need accreditation for an official vehicle please mail the Event Director directly info@cyclechallenge.ae.
- Water, bananas and rest stations will be located on the loop.
- Ambulances will be positioned strategically.

8. General hints

- Traffic - Keep a mindful eye on what is happening around you and remember to SIGNAL your intentions.
- The Ajman Police will be on the route to assist you.



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- Road Conditions - Conditions are generally really good and a huge effort has been made by the Ajman Municipality to get the roads surfaces to be even better. BUT a pump and spare tube are essential tools on any road race
- With the last few days being unpredictable weather wise, keep an eye out for puddles and standing water.
- Condition of entry: each rider has agreed to the Event Waiver and Rules, a copy of which can be found on the event registration page on www.hopasports.com
- Share your experience with us on our social media channels on Twitter & Instagram with @rideajman and Facebook, search for Ride Ajman.
- The official ride hashtags are #RideAjman and #LOVEAJMAN
- Get your friends and family to cheer you on and be in with the chance to win a mobile phone. All spectators also have an opportunity to join in the fun by sharing their photos as they cheer on the cyclists on the streets of Ajman and be in with a chance of winning one of three Samsung Galaxy S7.
- Visit the Facebook or Instagram page for further information on how to win.

ENDS