

GARMIN® 



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RACE INFORMATION PACK

EVENT OVERVIEW



Welcome to the Garmin Fitness Fest!

The Garmin Fitness Fest brings people together this National Day for a celebration of races, fitness activities, and community at Expo City Dubai on November 30th, 2024.

This pack provides all the essential details about race formats, schedules, and event highlights to ensure you're ready for the day. We look forward to seeing you at the start line!

Event Information: Garmin Fitness Fest

Event Date: Saturday, November 30th, 2024

Event Location and a Pin: Expo City Dubai, Al Wasl Avenue - Dubai: <https://maps.google.com/maps?q=24.9622571%2C55.1560426&z=17&hl=en>

EMERGENCY CONTACT NUMBER FOR RACE DAY:

+971585313653

ENTERTAINMENT FOR ALL

ALL-DAY FITNESS, FAMILY, FOOD AND FUN VILLAGES

1 MILE | 3KM | 5KM | 10KM | JUNIOR
FESTIVAL | FUN | FAMILY

30th NOV 2024, SATURDAY | EXPO CITY, DUBAI



مدينة إكسبو دبي
EXPO CITY DUBAI



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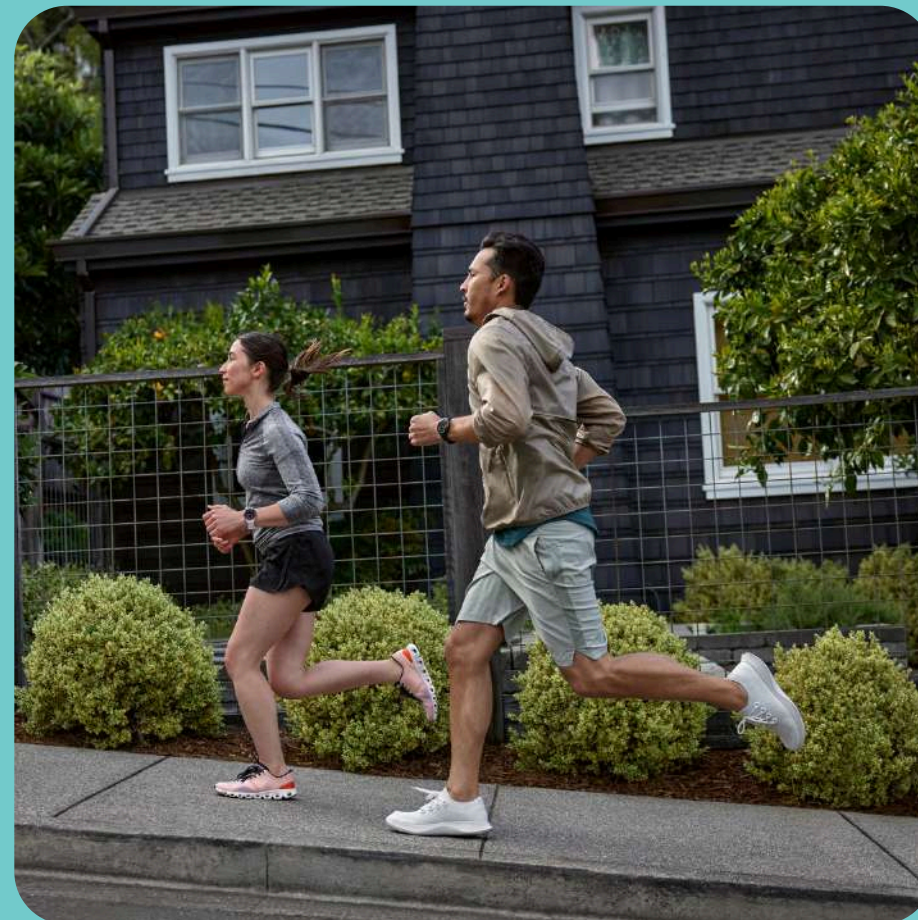
RACE DAY FORMATS



The Garmin Fitness Fest offers a variety of race formats, ensuring something for everyone!

Arrival Time: Please check in at the registration table with your QR code and photo ID. **Plan to arrive at least 45 minutes before your scheduled heat time.**

Age limit: Kids 5 - 18 years, Adults 18+



6:30am - **10km**

8:00am - **5km**

9:00am - **3km**

9:45am - **1 mile (1.6km)**

10:30am - **Kid's 1km race**

11:00am - **10km**

11:15am - **Kid's 500m race**

11:30am - **5km**

12:00pm - **1 mile (1.6km)**

12:15pm - **Kid's 300m race**

12:30pm - **10km**

13:00pm - **5km**

13:15pm - **Kids's 100m race**

14:00pm - **10km**

14:30pm - **5km**

15:00pm - **1 mile (1.6km)**

15:30pm - **Women's Only 10km**

16:00 pm - **Women's Only 5km**

16:30pm - **Women's Only 1 Mile (1.6km)**

17:00pm - **5 x 1km Relay**

18:00pm - **5km**

WHAT TO EXPECT



Emirates Hospital, the official medical provider for the Garmin Fitness Fest, will have a dedicated team on-site to ensure the safety and well-being of all participants throughout the event. Supported by RPM Medical Services, this collaboration ensures a secure and smooth experience for all attendees as they participate in the festival's wide variety of activities.

Additionally, the festival village will feature a diverse range of fitness activations from renowned brands and services:

Activations:

- GARMIN
- Hydote
- Gulfa Water
- GAC Motors
- Emirates Hospital
- Svelte Skin
- Wolfi's Bike Shop
- The Cycle Hub
- Revolution Cycles
- Hyperrice
- Kula
- Alassassi - Veloforte
- BIA Warrior
- 700 Padel
- Wala One
- GymSox
- Midori /Ree
- Dr Joyce - Meet and Greet

Food Vendors:

- Boba Tea
- Coffee Planet
- Philly Jawn by Ghostburger
- PXB Café



WHAT TO BRING



Get Ready for the Event!

As you prepare for an exciting day, don't forget to bring the following essentials to ensure a smooth experience:

QR Coded Ticket - Have it printed or on your mobile device for quick entry!

Valid Photo ID - Don't forget to carry your ID for verification, and you will need to you win a prize

Cash or Card - Vendors and food outlets will be accepting cash or card, so make sure you have either on hand.

Sunscreen - Protect your skin and stay sun-safe while enjoying the festivities!



IF YOU WIN



The Garmin Fitness Fest is a day full of winning! With 3 cars up for grabs, a range of great Garmin products, and additional sports prizes for the top 10 finishers in adult races, it's an event you won't want to miss.

Adult Races: Results will be determined by the timing chip in your bib (chip time). Keep an ear out for race results, especially in larger races—being first past the post doesn't always mean a win. The top 3 will win a Garmin product, while places 4 to 10 will receive products from Kinetica. Note: The winners of the first 10km race of the day (male and female) will each win one of the two GAC cars we're giving away.

Kids Races: We won't be using timing for most kids' races. Our team will collect the first 3 finishers and escort them to the prize collection area. The top 3 boys and girls will receive a Garmin product.

Podium: The top 3 finishers in each race will be presented with their medals on the stage in the Village. Presentation times will be displayed in the Village and also available at the finish line or in the Prize Hut. Our staff will inform you when and where to head.

Prize Collection: If you finish on the podium (adult or child), your Garmin prize can be collected from the Prize Hut (signposted in the Village). If you finish 4th to 10th in adult races, you can collect your Kinetica gift from the same location. These results won't be announced, so if you believe you've won, head to the Prize Hut to check. Results will be published within 90 minutes of the race. Note: You must bring your race ticket (QR code on your phone) and EID (or your parent's EID) to collect your prize. Parents should accompany children to collect their prizes.

A promotional banner for the Garmin Fitness Fest. The background is orange and red with a stylized cityscape. It features three GAC cars: a white one, a dark grey one, and a green one. The text reads: 'BUCKLE UP FOR BIG WINS! 1 OF 3 GAC EMPOW CARS UP FOR GRABS! FEST | FUN | FAMILY 30th NOV 2024, SATURDAY | EXPO CITY, DUBAI'. At the bottom, there is a 'LEARN MORE' button, the website 'garminfitnessfestival.com', the Expo City Dubai logo, and the Garmin Fitness Fest logo.

BUCKLE UP
FOR BIG WINS!
1 OF 3 GAC EMPOW CARS UP FOR GRABS!
FEST | FUN | FAMILY
30th NOV 2024, SATURDAY | EXPO CITY, DUBAI

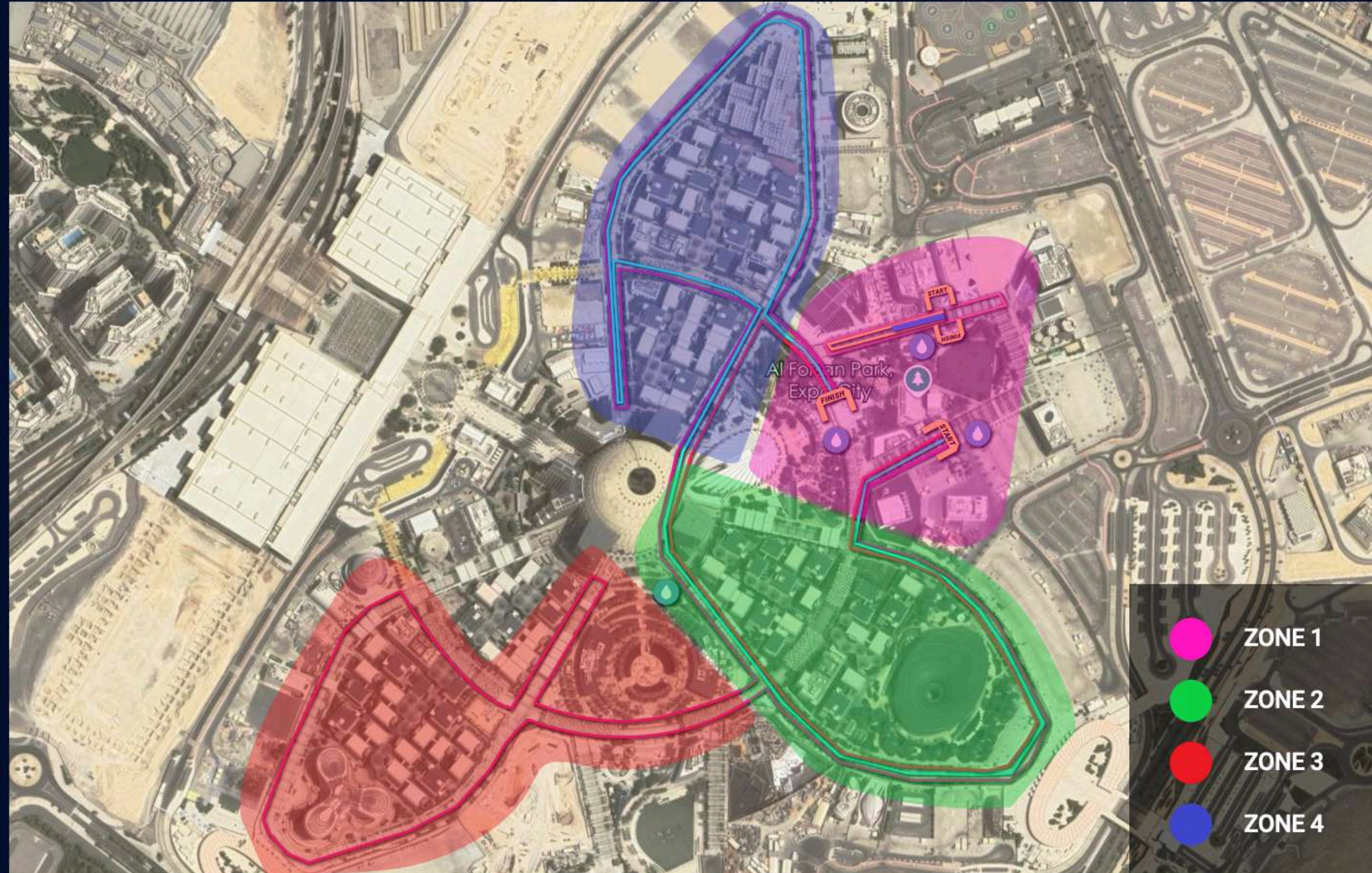
LEARN MORE garminfitnessfestival.com  



ZONE MAP

MAP KEY

- WATER STATION
- MEDICAL TENT
- AMBULANCE
- TOILETS
- START / FINISH
- 10KM / 5KM
- 3 KM
- 1.6 KM
- 1 KM / 500METER
- 300METER
- 100METER

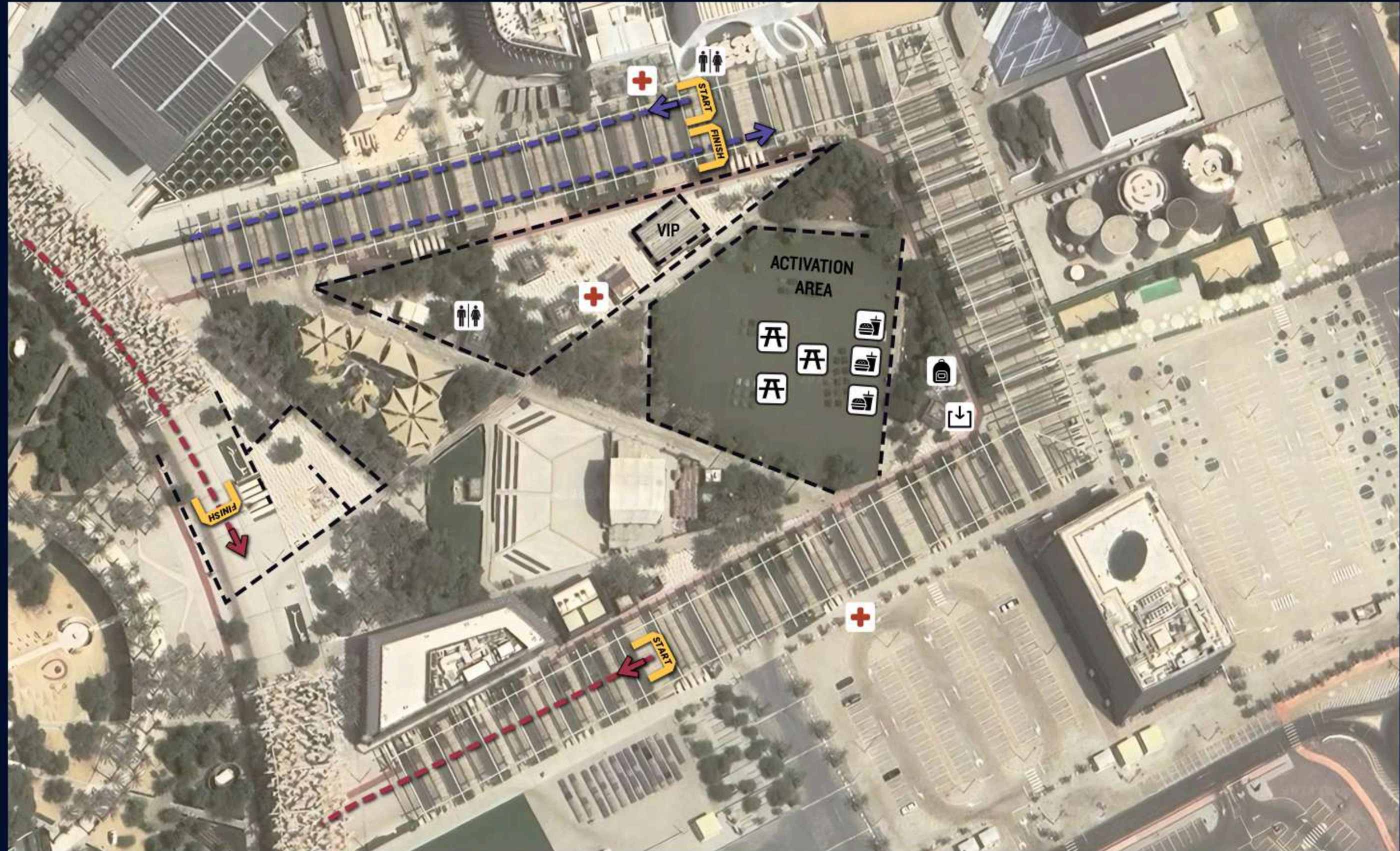




VILLAGE MAP

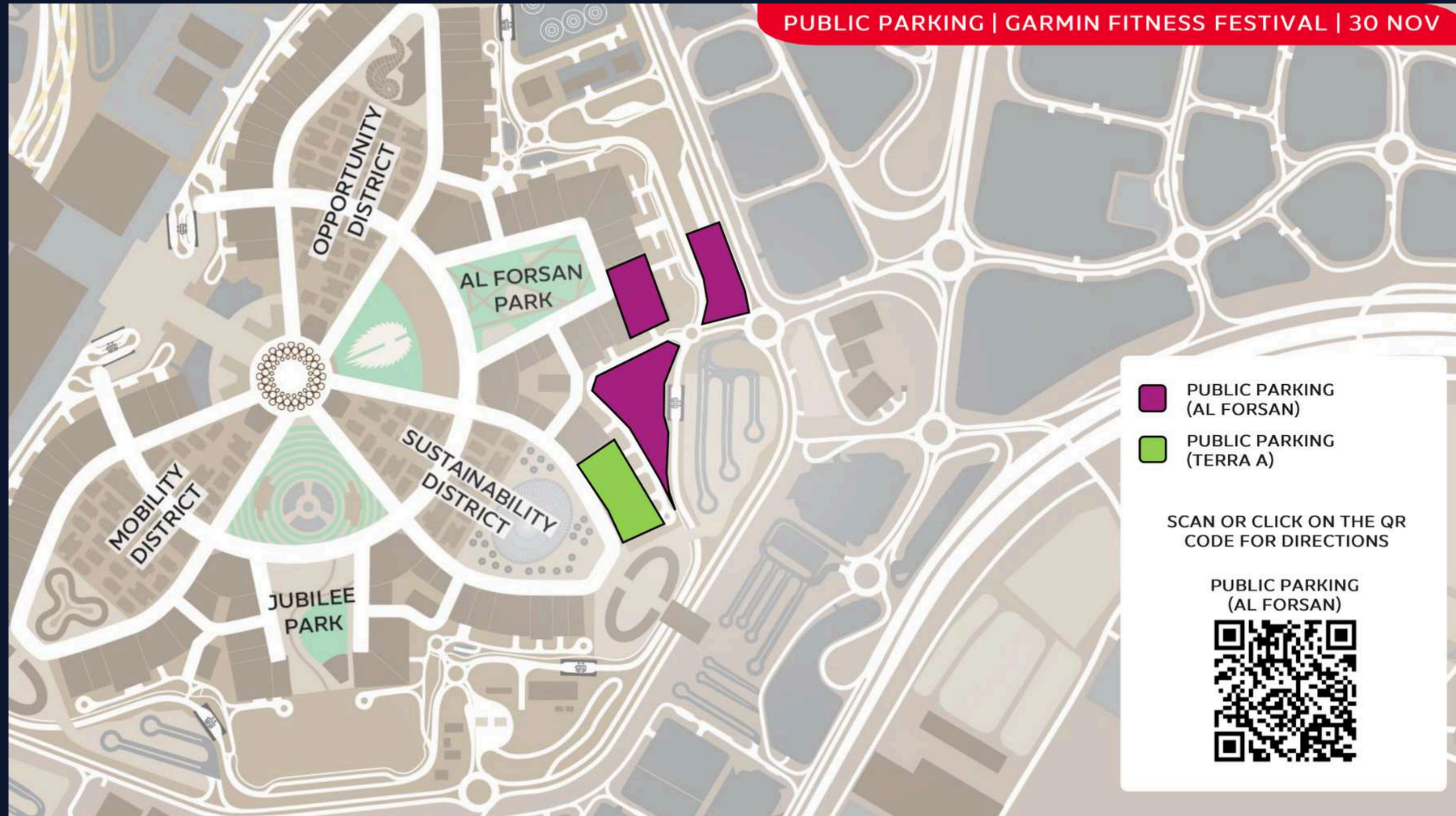
MAP KEY

-  WATER STATION
-  MEDICAL TENT
-  TOILETS
-  START ARCH
-  FINISH ARCH
-  BAG DROP
-  REGISTRATION
-  FOOD & BEVERAGES
-  SEATING



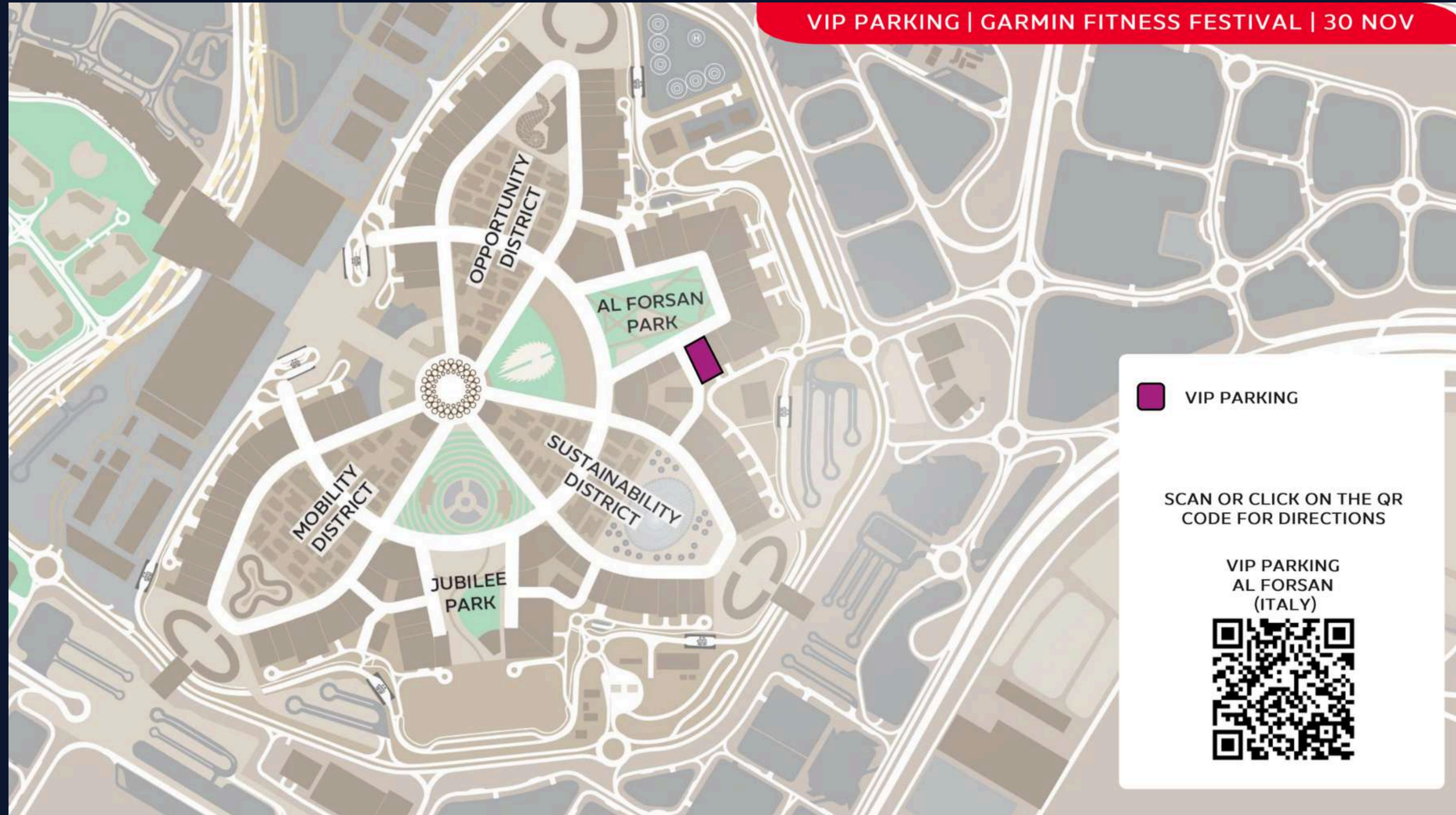
PARKING MAP

PUBLIC PARKING | GARMIN FITNESS FESTIVAL | 30 NOV



VIP PARKING MAP

VIP PARKING | GARMIN FITNESS FESTIVAL | 30 NOV



 VIP PARKING

SCAN OR CLICK ON THE QR
CODE FOR DIRECTIONS

VIP PARKING
AL FORSAN
(ITALY)



OVERFLOW PARKING MAP

OVERFLOW PARKING | GARMIN FITNESS FESTIVAL | 30 NOV

The map displays a street layout with several areas highlighted in yellow to indicate overflow parking. These yellow areas are located in the central-right portion of the map, adjacent to Expo Road (E77). To the left of these areas is the 'OPPORTUNITY DISTRICT', and below it is 'AL FORSAN PARK', which is shown in green. The map also features various roadways and building footprints in a light grey tone.

OPPORTUNITY DISTRICT

AL FORSAN PARK

EXPO ROAD (E77)

OVERFLOW PARKING (OPPORTUNITY)

SCAN OR CLICK ON THE QR CODE FOR DIRECTIONS

OPPORTUNITY PARKING

A square QR code is positioned in the bottom right corner of the map's information box, intended for users to scan and receive directions to the overflow parking areas.

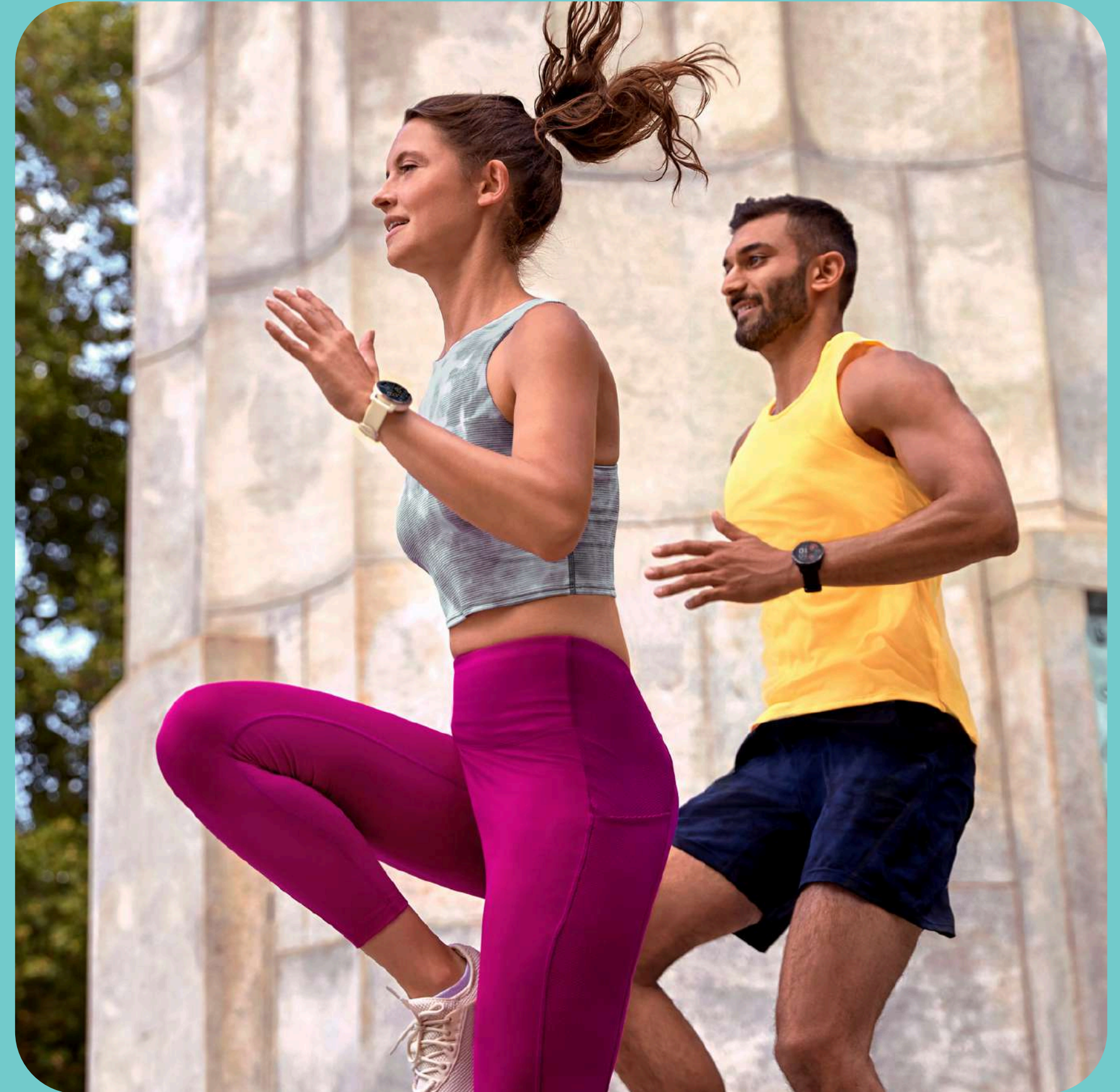
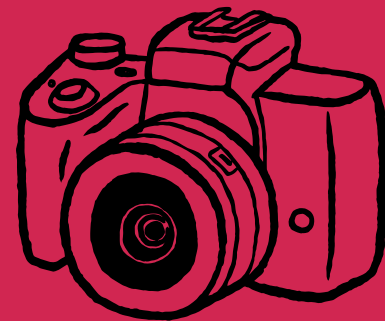
EVENT PHOTOGRAPHY

We'll be capturing all the action throughout the day, so be sure to smile for the camera! After the event, you'll receive a link with access to all the photos.

Don't forget to tag us on socials when you share your favorite moments:

Facebook @garminae
Instagram @garminae

#GarminAE #GFF #AmitInt





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