



CITY HALF MARATHON AT YAS ISLAND

21ST APRIL 2024
YAS ISLAND , ABU DHABI



OFFICIAL VENUE PARTNER



OFFICIAL GEAR PARTNER



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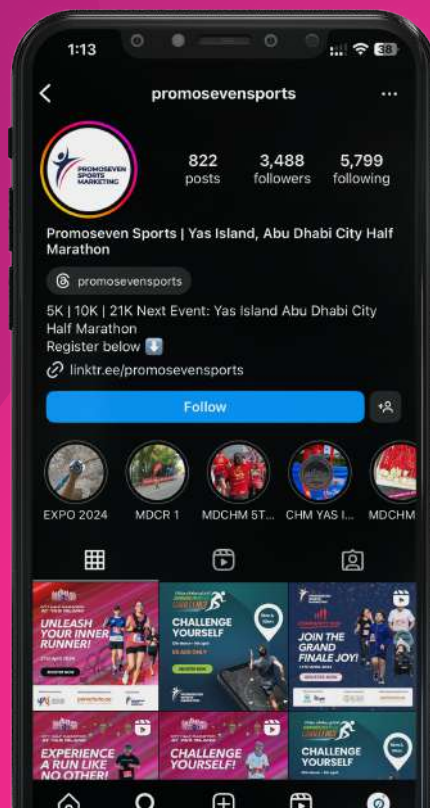
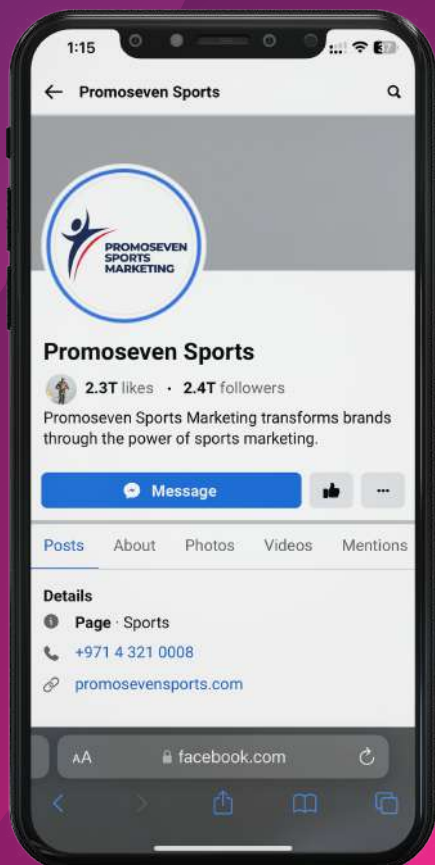


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KEY INFORMATION

Start timings



21km Individual (4 loops) and 21km Relay: 06:00 AM
10km Individual (2 loops) and 10km Relay: 06:10 AM
5km (1 loops) : 06:15 AM

Race Pack Collection Information



Race pack collection will be on the day of the race on 21st April at the event village from 04:30 AM

Please note, race pack collection closes 10 minutes before the start of your race

Start location



The City Half Marathon at Yas Island will start and finish near Etihad Arena at the Yas Bay Waterfront
[Click here](#) for the start area location

Baggage Drop Information



We have baggage drop facilities available near the start and finish area. Please note that we recommend only leaving essential items and valuables. The organizers will not be responsible for any loss or damage to items left in the baggage area



RELAY RACE INFORMATION

Please know that the team leader will collect the race pack on behalf of the entire team.

Here's how the relay works:

- The first runner starts at the start/finish line
- The second runner waits in the pen area until the first runner finishes their lap
- When the first runner reaches the pen area, the second runner starts their lap
- This process repeats for the third and fourth runners in the 21KM race
- The last runner finishes at the start/finish line

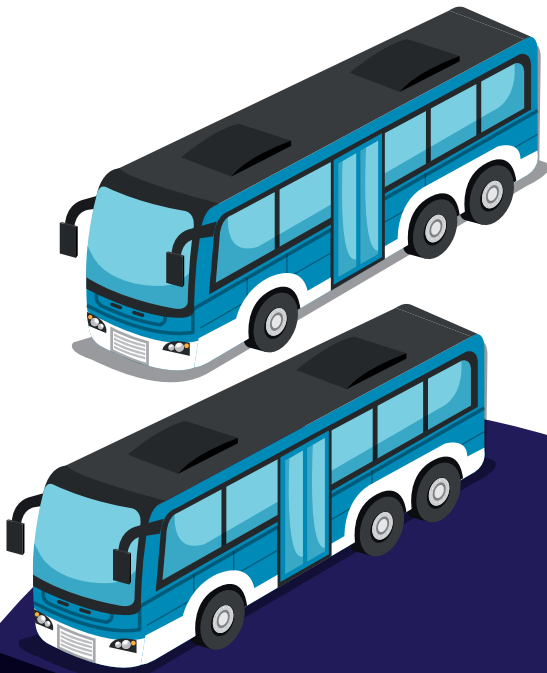
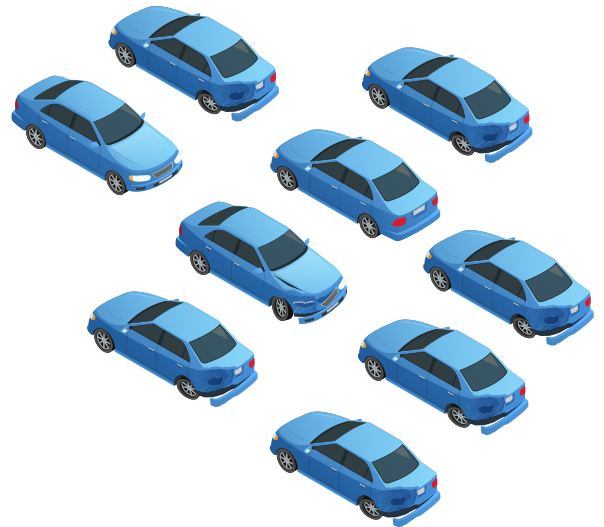


PARKING AND TRANSPORT INFORMATION

Car Parking

Car parking will be available at Yas Bay Waterfront P1 Parking. Please look out for parking signs and marshals who will guide you to the parking area

[Click here](#) for the parking location Please follow the signages in the parking to find your way to the event village



Shuttle Bus

Shuttle buses will be available from Dubai departing from three locations (Dubai Marina, Dubai Mall and Burjuman) for the trip to Yas Island.

Please reach out to sports@promosevensports.com to confirm your seat and preferred pick up location

ROUTE MAP



ALL THE 21KM RUNNERS MUST COMPLETE THE ADDITIONAL SHORT LOOP ON THEIR FIRST LAP.

Entrants in the 21km event must be able to complete the full distance within 3 hours.

Runners who have not started their last lap by 8:15 AM will be directed to the finish line

ATHLETE SUPPORT

Water points



Water will be available for all runners at the start/finish area. The water stations points in the race routes have been mentioned below:

5km Loop - 1.25km, 2.5km and 3.75km

Toilets



Toilets will be available at the halfway point on the route and near the start/finish line.

Medical



Medical support will be available at strategic points throughout the course and at the start and finish line



AFTER THE RACE

EMBARK ON AN UNFORGETTABLE POST-RACE EXPERIENCE

As you triumphantly cross the finish line at the City Half Marathon, anticipate the following rewards awaiting you:

A quality finisher medal and T-shirt and a few other goodies to celebrate your achievement.

JOIN US FOR
REFRESHMENTS TO
RECHARGE AND
CELEBRATE YOUR
SUCCESS!

Award Ceremony



Trophies will be presented to

- 🏆 Top 3 male and female half marathon runners
- 🏆 Top 3 male and female 10km runners
- 🏆 Top 3 male and female 5km runners
- 🏆 Top 3 teams in 21km relay race
- 🏆 Top 3 teams in 10km relay race
- 🏆 Top 3 male and female in the age categories

a. 16YRS - 30YRS (21KM, 10KM and 5KM)

b. 31YRS - 50YRS (21KM, 10KM and 5KM)

c. 51YRS - 99YRS (21KM, 10KM and 5KM)

- 🏆 Top 3 mixed in the age categories

a. 4YRS - 7YRS (5KM)

b. 8YRS - 9YRS (5KM)

c. 10YRS - 12YRS (10KM and 5KM)

d. 13YRS - 16YRS (10KM and 5KM)



Runners, stay back to discover if you've won an award. Please be available at 8:30 AM to collect your well-deserved prizes. Thank you for your participation!



RESULTS, RANKING, CERTIFICATES AND PHOTOS

Results will be available on the website -

<https://www.hopasports.com/en/event/city-half-marathon-at-yas-island-abu-dhabi>

After the race, simply visit the results page where you'll find a camera icon for photos and a certificate icon for participation certificates next to your name. Download them easily to commemorate your achievement and capture lasting memories of your race day experience.



**21
KM**

**HALF
MARATHON
KIT**

**SPORT
FERMA**
NUTRITION
FOR ENDURANCE
SPORTS

**GET YOUR
CUSTOMIZED NUTRITION PLAN
FOR THE RACE**



BEEET YOUR PERSONAL BEST

SPORTFERMA.AE

WE RUN YAS ISLAND

HIGH IN FUNCTION. LOW IN CALORIES.



VITAMIN WELL

VITAMIN WELL UPGRADE

VITAMIN B6+B12+D
MAGNESIUM+ZINC
WITH FLAVOUR OF
LEMON/CACTUS

فيتامين بي ٦ + بي ١٢ + دي
مغنيسيوم + زنك
بنكه الليمون / الصبار

TAKE IT TO THE NEXT LEVEL

Upgrade contains magnesium and plenty of vitamin D which contribute to normal muscle function. Magnesium and zinc also contribute to normal protein synthesis. Upgrade also contains vitamins B6 and B12 which contribute to reduction of tiredness and fatigue. Vitamin Well is a non-sparkling, vitamin and mineral enriched low-calorie drink without preservatives. Best served well chilled. We recommend a varied and balanced diet and a healthy lifestyle.

VITAMIN WELL CARE

VITAMIN B12+ZINC
BIOTIN+FOLIC ACID
WITH FLAVOUR OF
RED GRAPEFRUIT

فيتامين بي ١٢ + زنك
بيوتين + حمض الفوليك
بنكه العرير فروت الأحمر

BEAUTY COMES FROM WITHIN

Care contains vitamins B12, C and folic acid which all contribute to the reduction of tiredness and fatigue. It also contains biotin and zinc which both contribute to the maintenance of normal hair and normal skin. Vitamin Well is a non-sparkling, vitamin and mineral enriched low-calorie drink without preservatives. Best served well chilled. We recommend a varied and balanced diet and a healthy lifestyle.

THANK YOU

for your participation in the race.
See you at the start line on 21st April 2024!

If you have any queries, please email sports@promosevensports.com and we will get back to you as soon as possible



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