



**Assumption of Risk**  
**And**  
**Agreement to Waive Voluntarily All Claims**  
**And**  
**Indemnity and Release from All Liability**

*NOTE: By signing this form you give up the right to sue*

**PLEASE READ CAREFULLY**

The undersigned wishes to take part in the 7EmiratesRun (hereinafter referred to as “the Run”) organized by Wendelin Lauxen/German Limbtech in partnership with Al Jalila Foundation (hereinafter referred to as “the Organizers”).

The undersigned is aware that the Organizers require each participant in the Run to execute and deliver to the Organizers a release in the form herein before they will be permitted to start the Run.

The undersigned is aware that, as an adventure runner and participant in a multi stage event, he or she will, in addition to the usual dangers and risks inherent in running long distances over numerous days, be exposed to certain additional dangers and risks specific to the climate and geography of the area the Run will take place. This includes but is not limited to:

- a. Extreme weather conditions that can change rapidly and without warning;
- b. Extreme high temperatures that can have rapid and adverse effects on the human body and its metabolism;
- c. Exposure to solar radiation may be more intense than in other parts of the world creating additional dangers and risks to the skin and eyes;
- d. The remoteness of parts of the course of the Run from modern facilities creates additional risks. Medical conditions that do not normally pose a serious threat to health or safety where medical treatment facilities are readily accessible may be exacerbated by the logistic delays involved in obtaining medical treatment in such remote areas;
- e. Hazardous, little know terrain covered with sand may disguise or completely obscure dangers;
- f. Food and special supplies may be limited;

The undersigned acknowledges that the enjoyment and excitement of participating in the Run is derived in part from the extreme environment far from facilities and that inherent risks of travel and exercising in this environment contribute to such enjoyment and excitement, and the undersigned accepts these risks.



As a condition of and in consideration for the Organizers permitting the undersigned to participate in the Run, the undersigned for himself/herself and any of the undersigned heirs, legal/personal representatives and executors agree as follows:

1. To assume voluntarily all of the known and unknown risks inherent in adventure, multi day running that may result both from the participating in the Run itself and in any transportation during the Run to and from the running course , and any rescue operations or procedures, including but not limited to the risk of personal injury, death, loss of damage to person or property and any loss, costs or expenses resulting there from.
2. To waive voluntarily any and all claims the undersigned may now or in the future have against the Organizers, and to release the Organizers from all liability and not sue the Organizers or any of its offices, directors, affiliates or staff in general for any personal injury, death, property damage or any other loss, damage, costs or expenses (including attorneys' fees) sustained by the undersigned arising from any cause whatsoever, including but not limited to:
  - a. The actions or inactions of the Organizers or any of its staff
  - b. Any rescue operations or procedures
  - c. Any activities that the undersigned may undertake but not part of the Run;
3. That the undersigned is medically, physically and in all other aspects fit and fully able to participate in the Run, that the undersigned has no special medical requirement or conditions except as described in the Medical Form submitted in conjunction with this waiver to the Organizers before the start of the Run
4. That the Organizers reserve the right to decline participation by the undersigned if the Organizers determine, based on their sole reasonable discretion, that it would not be safe or prudent for the undersigned to participate in the Run;
5. That the undersigned has been advised by the Organizers to ensure appropriate medical insurance which covers extended physical exercise under extreme conditions and assumes any risks and losses that may be incurred by not purchasing such insurance. In no case should the undersigned hold the Organizers liable for any losses that may be incurred by any delays, cancellations, or rescheduling that may take place regarding the Run;
6. That the undersigned accepts that the Organizers reserve the right to change or delay itineraries as they so determine;
7. That the undersigned is solely responsible for his or her own medical, accident and life insurance coverage, and that the Organizers encourages the undersigned to purchase all appropriate insurances
8. That the undersigned voluntarily enters into this agreement and has elected to participate in the Run of his or her own free will.



The undersigned acknowledges and confirms that he or she, having read and understood this Agreement in its entirety, agrees (i) to be bound by all of the terms hereof, (ii) confirms that this Agreement will be binding on his or her heirs, next of kin, executors, administrators and successors, and (iii) that this is the entire Agreement between the undersigned and the Organizers and cannot be modified or changed in any way by any statements or representations by the undersigned or the Organizers.

ALL participants must sign this form. This signature must be witnessed.

Please return original signed & initiated form to the Organizers.

**Your Signature**

**Witnessed Signature**

Signed: .....

Signed:  
.....

Print Name: .....

Print Name:  
.....

Date: .....

Date: .....